

### **RIGHT KICK-BALL-CHANGE, STOMP, HOLD; LEFT KICK-BALL-CHANGE, STOMP, HOLD**

- 1 & 2 Kick right forward, step right in place, step left in place  
3,4 Stomp right forward, hold and clap hands at the same time  
5 & 6 Kick left forward, step left in place, step right in place  
7,8 Stomp left forward, hold and clap hands at the same time

### **RIGHT SAILOR-STEP, LEFT SAILOR-STEP, FORWARD RIGHT, ROCK BACK LEFT, RIGHT 1/2 TURN RIGHT, FORWARD LEFT**

- 1 & 2 Right behind left, step left, step right  
3 & 4 Left behind right, step right, step left  
5,6 Step forward on right, rock back on left  
7,8 1/2 turn right stepping forward on right, forward left

### **RIGHT HEEL, HOLD, LEFT HEEL, HOLD; & WALK RIGHT, LEFT, SHUFFLE RIGHT-LEFT-RIGHT**

- 1,2 Touch right heel forward, hold  
& 3,4 Bring right back in place, touch left heel forward, hold  
& 5,6 Bring left back in place, walk forward right, left  
7 & 8 Shuffle forward right, left, right

### **FORWARD LEFT, ROCK BACK RIGHT, SHUFFLE-TURN LEFT-RIGHT-LEFT; STEP RIGHT, PIVOT LEFT, WALK RIGHT, LEFT**

- 1,2 Step forward on left, rock back on right  
3 & 4 Begin shuffle 1/2 turn left stepping on left, continue shuffling forward right, left  
5,6 Step forward on right, 1/2 pivot left--weight on left  
7,8 Walk forward right, left

### **REPEAT**

---