

## Ride That Train

### BEGINNER

40 Count 4 Walls

Choreographed by: Scott Blevins

Choreographed to: C'mon N' Ride  
It (The Train) by Quad City DJs

#### HEEL TWISTS, CLAP

- 1 Step right foot to right side and, at same time, with weight on balls of both feet, twist heels to the right.
- & Twist heels to center
- 2 Twist heels to right
- & Twist heels to center
- 3 Step right foot next to left foot (with weight)
- 4 Clap hands

#### HEEL TWISTS, CLAP

- 5 Step left foot to left side and, at the same time, with weight on balls of both feet, twist heels to the left
- & Twist heels to center
- 6 Twist heels to left
- & Twist heels to center
- 7 Step left foot next to right foot, (with weight)
- 8 Clap hands

#### TOE POINT SWITCHES, HEEL, TOE

- 9 Touch right toe to right side
- & Place right foot next to left foot
- 10 Touch left toe to left side
- & Place left foot next to right foot
- 11 Touch right heel forward at a 45 degree angle to the right
- & Place right foot next to left foot
- 12 Touch left toe back at a 45 degree angle to the left, (weight on right foot)

#### TURN 1/4, HIP SHIFTS

- 13 Keeping weight over right foot and keeping left foot back, pivot 1/4 turn left on ball of right foot (left foot is now forward of right foot)
- 14 Shift hips forward
- 15 Shift hips back
- 16 Shift hips forward (weight ends on left foot).

#### SIDE, SLIDE, SIDE, SLIDE

- 17 Step right foot to right side
- 18 Slide left foot next to right foot
- 19 Step right foot to right side
- 20 Slide left foot next to right foot (weight transfers to left foot)

#### KICK, HEEL, CROSS, STEP

- 21 Kick right foot forward at a 45 degree angle left
- & Place right foot next to left foot (weight now on right foot)
- 22 Touch left heel forward at a 45 degree angle left
- & Place left foot next to right foot (weight now on left foot)
- 23 Cross (step) right foot in front of left foot
- 24 Step left foot to left side (shoulder width apart but even with right foot weight on both feet)

#### SHAKE HIPS, GRIND HIPS

- 25 & 26 Bending slightly forward at waist shake hips side to side
- 27 & 28 Bending slightly back at waist shake hips side to side
- 29 - 32 Grind hips to the left for 4 counts ending with weight on left foot

#### HIP BUMPS

- 33 Step right foot forward at a 45 degree angle right and bump right hip to right at same time
- 34 Bump right hip to right again
- 35 Shift weight to left foot and bump left hip to left at same time
- 36 Bump left hip to left again
- 37 Step right foot back and bump right hip to right side at same time

- 38 Bump right hip to right again
- 39 Step left foot next to right foot and bump left hip to left at same time
- 40 Bump left hip to left again

**REPEAT**

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