

## Ride 'Em Cow-Boy

64 count, 4 wall, Intermediate level (with Tag)  
Choreographer : John Dean and Gita Renik  
Choreographed to : Rodeo Rock by The Dean Brothers on 'The Ultimate In Dance' album  
Produced by SUPERSTAR PRODUCTIONS

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Start the dance on John's vocals, I Heard It In A Honky Tonk " which come in after a long instrumental intro followed by the rap, "Get right down to the nitty gritty, strut your stuff like Bronco Billy!"

### **R MAMBO FWD, L MAMBO BACK, VINE RIGHT. L TOUCH, SHIMMY OUT TO L X 2**

- 1&2 Rock-step R forward, rock-step L in place, step R next to L  
3&4 Rock-step L back, step R in place, step L next to R  
5-8 Step R out to right side, step L behind R, step R out to right side, touch L next to R  
9,10 Slide L out to left side while shimmying shoulders over two counts stepping onto L  
11,12 Slide R in next to L while shimmying shoulders as you step R next to L  
13-16 Repeat 9-12 above (section 1) ending with weight on L as you touch R next to L  
Variation: counts 9-16 Replace shimmys with hip thrusts and pull back on those reigns.

### **R MAMBO FWD, L MAMBO BACK, VINE RIGHT, L TOUCH. SHIMMY OUT TO L X 2**

- 1-16 Repeat the whole of section 1

### **CROSS AND STEP. BEHIND AND STEP. CROSS, SIDE, SAILOR STEP**

- 1&2 Rock-step R diagonally forward over L, step L in place, step R next to L  
3&4 Rock-step L diagonally back behind R, step R in place, step L next to R  
5,6 Step R over L, step L to left side  
7&8 Step R behind L, step L out to left side, step R in place

### **CROSS AND STEP. BEHIND AND STEP, CROSS, SIDE, SAILOR STEP**

- 1-8 Repeat the whole of section 3 leading with LEFT foot

### **SCOOT FORWARD (BOTH FEET) X 2. SLAP R. SLAP L**

- 1,2 Scoot forward on both feet, repeat (easier option is to scoot R, L: count 61,62)  
3,4 Slap R hand onto R flank, slap L hand onto L flank  
&5-8 Repeat counts 61-4 of this section

### **STEP FORWARD R WITH HEEL TAPS, STEP FORWARD L WITH HEEL TAPS, SPIN 3/4 TURN TO LEFT CIRCLING YOUR LASSO WITH R HAND**

- 1,2 (Step R toes diagonally forward) tap R heel down for two counts (clicking fingers on R hand)  
3,4 Repeat 1,2 of this section leading with L and clicking fingers on L hand  
& (Keeping weight on ball of L foot) lift L heel off the floor  
5 Make a slight turn to left as you place heel down touching R toes out to right side  
&6-8 Repeat 65 of this section (section 6) three more times to complete a three-quarter turn to the left (as you make this 3/4 turn, circle your R wrist clockwise in air above your head as if spinning your lasso or hat!)

Begin again,,,,, this really is fun' Remember, it's a Rodeo- let it ROCK!