

Ride A Cowboy 64 Count, 1 Wall, Intermediate

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64 Count, 1 Wall, Intermediate Choreographer: Arne Stakkestad (BE) Aug 2008 Choreographed to: Save A Horse, Ride A Cowboy by Big & Rich

Intro: 32 counts

1 1-2 3-4 5-6 7-8	Walk in a full circle to the left Step Right forward (start circle left)), step Left forward Step Right forward, step Left forward Step Right forward, step Left forward Step Right forward, step Left forward (end circle left) Use this steps to return to start position
2 1-2 3-4 5-6 7-8	Cross, hold, sidestep, hold, cross, hold, sidestep, hold Cross Right over Left, hold (shimmy shoulders) Bend forward Step Left to left side, hold(shimmy shoulders) Bend backwards Cross Right over Left, hold (shimmy shoulders) Bend forward Step Left to left side, hold(shimmy shoulders) Bend backwards
3 1-2 3-4 5-6 7-8	1/8 pivots left with hip roll Step Right forward, 1/8 left with hip roll Step Right forward, 1/8 left with hip roll (9h) Step Right forward, 1/8 left with hip roll Step Right forward, 1/8 left with hip roll (6h) Turn forefinger above head
<b>4</b> 1-2 3-4	Steps diagonally forward and back, Side step and hips Step Right diagonally forward, step Left diagonally forward Step Right back, step Left beside Right Hips to right, left, right, left
5-6 7-8	Step Right to side and hips right, left Hips right, left, right Wave hands to right, left, right, left, right
5 1-2 3-4 5-6 7-8	Side, together, ¼ left and side, together, Jumps forward Step Left to side (push hands forward), step Right beside Left (return hands) ¼ left and step Left to side (push hands forward), step Right beside Left (return hands) (3h) Jump forward legs apart, jump forward Jump forward, jump forward (weight on Left) While jumping, Right hand on shoulder of dancer in front of you, Left hand, slap hips
<b>6</b> 1-2	<ul> <li>1/4 left, side step and hip bumps</li> <li>1/4 left, step Right to side and bump hips right, left, right</li> <li>Turn Right fist at head height (12h)</li> </ul>
3-4	Bump hips left, right, left  Turn Left fist at head height
5-6	Bump hips right, left, right  Turn Right fist at head height (12h)
7-8	Bump hips left, right, left  Turn Left fist at head height
<b>7</b> 1-2 3-4 5-6 7-8	Shimmy shoulders right and left forward Step Right diagonally forward and shimmy shoulders Shimmy shoulders diagonally right forward Step Left diagonally forward and shimmy shoulders Shimmy shoulders diagonally left forward
8 1-2 3-4 5-6 7-8	Jumps forward, paddle full turn Jump forward Right, Left, Jump forward Right, Left Jump forward Right, Left, Jump forward Right, Left Stretch Left hand forward (rein) and slap Right hand(whip)  1/2 left and touch Right to side, 1/4 left and touch Right to side 1/4 left and touch Right to side, 1/4 left and touch Right to side (12h)
7-0	Swing Right hand lasso above head

Bridge: add following 8 counts, after 1e, 2e en 4e wall

Jumps backwards, paddle full turn

1-2 Jump backwards Right, Left, Jump backwards Right, Left

Jump backwards Right, Left, Jump backwards Right, Left

Stretch Left hand forward (rein)and slap Right hand(whip)

5-6 ¼ left and touch Right to side, ¼ left and touch Right to side

7-8 ¼ left and touch Right to side, ¼ left and touch Right to side

Swing Right hand lasso above head

**Ending:** after the bridge after 4th wall, there are 16 counts left Repeat the bridge 2x Or as in the video: Men step in left circle, behind Lady for 8 counts, and then dive under Lady's legs

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