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Ride A Cowboy
64 Count, 1 Wall, Intermediate Choreographer: Arne Stakkestad (BE) Aug 2008 Choreographed to: Save A Horse, Ride A Cowboy by

Big \& Rich

Intro: 32 counts
1 Walk in a full circle to the left
1-2 Step Right forward (start circle left)), step Left forward
3-4 Step Right forward, step Left forward
5-6 Step Right forward, step Left forward
7-8 Step Right forward, step Left forward (end circle left)
Use this steps to return to start position
2 Cross, hold, sidestep, hold, cross, hold, sidestep, hold
1-2 Cross Right over Left, hold (shimmy shoulders) Bend forward
3-4 Step Left to left side, hold(shimmy shoulders) Bend backwards
5-6 Cross Right over Left, hold (shimmy shoulders) Bend forward
7-8 Step Left to left side, hold(shimmy shoulders) Bend backwards
$3 \quad 1 / 8$ pivots left with hip roll
1-2 Step Right forward, $1 / 8$ left with hip roll
3-4 Step Right forward, $1 / 8$ left with hip roll (9h)
5-6 Step Right forward, $1 / 8$ left with hip roll
7-8 Step Right forward, 1/8 left with hip roll (6h)
Turn forefinger above head
4 Steps diagonally forward and back, Side step and hips
1-2 Step Right diagonally forward, step Left diagonally forward
3-4 Step Right back, step Left beside Right
Hips to right, left, right, left
5-6 Step Right to side and hips right, left
7-8 Hips right, left, right
Wave hands to right, left, right, left, right
5 Side, together, $1 / 4$ left and side, together, Jumps forward
1-2 Step Left to side (push hands forward), step Right beside Left (return hands)
3-4 $\quad 1 / 4$ left and step Left to side (push hands forward), step Right beside Left (return hands) (3h)
5-6 Jump forward legs apart, jump forward
7-8 Jump forward, jump forward (weight on Left)
While jumping, Right hand on shoulder of dancer in front of you, Left hand, slap hips
$6 \quad 1 / 4$ left, side step and hip bumps
1-2 $\quad 1 / 4$ left, step Right to side and bump hips right, left, right
Turn Right fist at head height (12h)
3-4 Bump hips left, right, left
Turn Left fist at head height
5-6 Bump hips right, left, right
Turn Right fist at head height (12h)
7-8 Bump hips left, right, left
Turn Left fist at head height
$7 \quad$ Shimmy shoulders right and left forward
1-2 Step Right diagonally forward and shimmy shoulders
3-4 Shimmy shoulders diagonally right forward
5-6 Step Left diagonally forward and shimmy shoulders
7-8 Shimmy shoulders diagonally left forward
8 Jumps forward, paddle full turn
1-2 Jump forward Right, Left, Jump forward Right, Left
3-4 Jump forward Right, Left, Jump forward Right, Left
Stretch Left hand forward (rein) and slap Right hand(whip)
5-6 $\quad 1 / 4$ left and touch Right to side, $1 / 4 / 4$ left and touch Right to side
7-8 $\quad 1 / 4$ left and touch Right to side, $1 / 4$ left and touch Right to side (12h)
Swing Right hand lasso above head

Bridge: add following 8 counts, after $1^{e}, 2^{e}$ en $4^{e}$ wall Jumps backwards, paddle full turn
1-2 Jump backwards Right, Left, Jump backwards Right, Left
3-4 Jump backwards Right, Left, Jump backwards Right, Left Stretch Left hand forward (rein) and slap Right hand(whip)
5-6 $\quad 1 / 4$ left and touch Right to side, $1 / 4$ left and touch Right to side
7-8 $\quad 1 / 4$ left and touch Right to side, $1 / 4$ left and touch Right to side Swing Right hand lasso above head

Ending: after the bridge after 4th wall, there are 16 counts left Repeat the bridge $2 x$ Or as in the video: Men step in left circle, behind Lady for 8 counts, and then dive under Lady's legs

