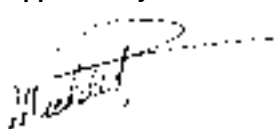




Approved by:



Rick Is Ready

4 WALL - 64 COUNTS - IMPROVER

RSDOR	@BST ' K ENNSV NQJ	CALLING SUGGESTION	CHODBSHNM
Section 1 1 - 2 3 - 4 5 - 6 Note 7 - 8	Toe Strut, Toe Strut, Touch x 3, Hold Cross touch left toe over right. Drop left heel taking weight. Touch right toe to right side. Drop right heel taking weight. Touch left toe across front of right. Touch left toe back diagonally left. Steps 1-6 move slightly forward to right diagonal. Touch left toe across front of right. Hold.	Cross Strut Side Strut Touch Touch Touch Hold	Right On the spot
Section 2 1 - 2 3 - 4 5 - 6 7 - 8	Cross, 1/4 Turn, Back, Hold, Cross, Back, Back, Hold Cross step left over right. Step right back making 1/4 turn left. (9:00) Step left back diagonally left. Hold. Cross step right over left. Step left diagonally back left. Step right back diagonally right. Hold.	Cross Turn Back Hold Cross Back Back Hold	Turning left Back
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Stomp, Hold, Stomp, Hold, Forward Rock, Back, Heel Hook Stomp left forward. Hold and clap. Stomp right forward. Hold and clap. Rock forward on left. Recover back onto right. Step left back. Hook right heel across left shin.	Stomp Hold Stomp Hold Rock Recover Back Hook	Forward On the spot Back
Section 4 1 - 2 3 - 4 5 - 6 7 - 8 Restart	Stomp, Hold, Stomp, Hold, Forward Rock, Back, Heel Hook Stomp right forward. Hold and clap. Stomp left forward. Hold and clap. Rock forward on right. Recover back onto left. Step right back. Hook left heel across right shin. Wall 2: Restart dance again from beginning at this point (facing 12:00)	Stomp Hold Stomp Hold Rock Recover Back Hook	Forward On the spot Back
Section 5 1 - 2 3 - 4 5 - 6 7 - 8	Step, 1/2 Turn, 1/4 Turn, Hold, Together, Side, Together, Hold Step left forward. Make 1/2 turn right and step right forward. (3:00) Step left to side making 1/4 turn right. Hold. (6:00) Step right beside left. Step left to left side. Step right beside left. Hold.	Forward Turn Turn Hold Together Side Together Hold	Turning right Left On the spot
Section 6 1 - 2 3 - 4 5 - 6 7 - 8	Side, Touch, Step, Hold (x 2) Step left to left side. Touch right toe beside left. Step right forward. Hold. Step left to left side. Touch right toe beside left. Step right forward. Hold.	Side Touch Forward Hold Side Touch Forward Hold	Left Forward Left Forward
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	Forward, Back, 1/4 Turn, Hold, Cross, Side, Cross, Hold Rock/step left forward. Recover/step right back. Step left to left side making 1/4 turn left. Hold. (3:00) Cross step right over left. Step left to left side. Cross step right over left. Hold.	Forward Back Turn Hold Cross Side Cross Hold	On the spot Turning left Left
Section 8 1 - 2 3 - 4 5 - 6 7 - 8	Side, Touch, Back, Hold (x 2) Step left to left side. Touch right beside left. Step right back. Hold. Step left to left side. Touch right beside left. Step right back. Hold.	Side Touch Back Hold Side Touch Back Hold	Left Back Left Back
Ending	Facing 3:00, at end of section 3 (count 24) Look left and smile! :)		

Choreographed by: Michele Perron (Canada) October 2007

Choreographed to: 'Comin' If You're Ready Or Not' by Rick Guard (174 bpm)
 from CD Stop It And Dance! (Vol 1)

Restart: There is one restart, during Wall 2, after count 32



A video clip of this dance is available at
www.linedancermagazine.com