

Rhythm Of My Life

80 count, 4 wall, intermediate/advanced level
Choreographer: Gordon Elliott (Australia) Aug 2003
Choreographed to: Rhythm Of My Life by Gina G,
Album Fresh

KICK-HOOK-KICK, COASTER STEP, KICK-HOOK-KICK, COASTER STEP

1&2 KICK R FORWARD, HOOK R HEEL TO LEFT KNEE, KICK R FORWARD,
3&4 COASTER : STEP R BACK, STEP L TOGETHER, STEP R FORWARD,
5&6 KICK L FORWARD, HOOK L HEEL TO RIGHT KNEE, KICK L FORWARD,
7&8 COASTER : STEP L BACK, STEP R TOGETHER, STEP L FORWARD.

PIVOT TURN, PIVOT TURN, FORWARD, ROCK BACK, BACK, ROCK FORWARD

1,2 PIVOT : STEP R FORWARD, TURN 180 DEGREES LEFT TAKE WEIGHT ONTO L,
3,4 PIVOT : STEP R FORWARD, TURN 180 DEGREES LEFT TAKE WEIGHT ONTO L,
5,6 STEP R FORWARD, ROCK BACK ONTO L,
7,8 STEP R BACK, ROCK FORWARD ONTO L.

SIDE, BEHIND, BACK-HEEL -BACK-ACROSS, SIDE, BEHIND, BACK-HEEL -BACK-ACROSS

1,2& STEP R TO THE SIDE, STEP L BEHIND RIGHT, STEP R BACK,
3&4 TOUCH L HEEL AT 45 DEGREES, STEP L BACK, STEP R ACROSS IN FRONT OF LEFT,
5,6& STEP L TO THE SIDE, STEP R BEHIND LEFT, STEP L BACK,
7&8 TOUCH R HEEL AT 45 DEGREES, STEP R BACK, STEP L ACROSS IN FRONT OF RIGHT.

FORWARD, ROCK, BACK, FULL TURN TRIPLE, FORWARD, ROCK BACK, 1 & ½ TRIPLE

1,2 STEP R FORWARD, ROCK BACK ONTO L,
3&4 TURN 360 DEGREES RIGHT TRIPLE STEP : R-L-R,
5,6 STEP L FORWARD, ROCK BACK ONTO R,
7&8 TURN 540 DEGREES LEFT TRIPLE STEP : L-R-L.

DOROTHY, DOROTHY, DOROTHY, DOROTHY & STOMP

1,2,& STEP R FORWARD AT 45 DEGREES, LOCK L BEHIND RIGHT, STEP R BACK,
3,4& STEP L FORWARD AT 45 DEGREES, LOCK R BEHIND LEFT, STEP L BACK,
5,6& STEP R FORWARD AT 45 DEGREES, LOCK L BEHIND RIGHT, STEP R BACK,
7,8 STEP L FORWARD AT 45 DEGREES, STOMP R TOGETHER.

KICK, KICK, ½ TURN, HOOK, SHUFFLE FORWARD, PIVOT TURN

1,2 KICK R FORWARD, KICK R BACK,
3,4 TURN 180 DEGREES RIGHT KICK R FORWARD, HOOK R HEEL TO LEFT KNEE,
5&6 SHUFFLE FORWARD : R-L-R,
7,8 PIVOT : STEP L FORWARD, TURN 180 DEGREES RIGHT TAKE WEIGHT ONTO R.

KICK, KICK, ½ TURN, HOOK, SHUFFLE FORWARD, PADDLE TURN

1,2 KICK L FORWARD, KICK L BACK, TURN 3,4 180 DEGREES LEFT KICK L FORWARD, HOOK L HEEL TO RIGHT KNEE,
5&6 SHUFFLE FORWARD : L-R-L,
7,8 PIVOT : STEP R FORWARD, TURN 90 DEGREES LEFT TAKE WEIGHT ONTO L.

ROLLING VINE RIGHT CLAP-CLAP, ROLLING VINE LEFT CLAP-CLAP

1,2,3&4 TURN 360 DEGREES RIGHT ROLLING VINE RIGHT : STEP R, STEP L, STEP R, CLAP-CLAP,
5,6,7&8 TURN 360 DEGREES LEFT ROLLING VINE LEFT : STEP L, STEP R, STEP L, CLAP-CLAP.

BACK-HEEL -BACK-HEEL -BACK-HEEL, HEEL, BACK-HEEL -BACK-HEEL -BACK-HEEL, HEEL

&1&2 STEP R BACK, TOUCH L HEEL FORWARD, STEP L BACK, TOUCH R HEEL FORWARD,
&3,4 STEP R BACK, TOUCH L HEEL FORWARD, TOUCH L HEEL FORWARD,
&5,6 STEP L BACK, TOUCH R HEEL FORWARD, STEP R BACK, TOUCH L HEEL FORWARD,
&7,8 STEP L BACK, TOUCH R HEEL FORWARD, TOUCH R HEEL FORWARD.

SHUFFLE FORWARD, ½ TURN SHUFFLE BACK, ½ TURN, ½ TURN, ½ TURN, FORWARD

1&2 SHUFFLE FORWARD : R-L-R,
3&4 TURN 180 DEGREES RIGHT SHUFFLE BACK : L-R-L,
5,6 TURN 180 DEGREES RIGHT STEP R FORWARD, TURN 180 DEGREES RIGHT STEP L BACK
7,8 TURN 180 DEGREES RIGHT STEP R FORWARD, STEP L FORWARD.

