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## Rhythm Of My Heart

40 Count, 2 Wall, Improver

Choreographer: Diana Bishop (Aus) June 2012

Choreographed to: Rhythm Of My Heart by Rod Stewart

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1,2,3&4 TAP R TOE TO FRONT, TAP R TOE TO R SIDE, ON THE SPOT STEP R,L,R  
5,6,7&8 TAP L TOE TO FRONT, TAP L TOE TO L SIDE, ON THE SPOT STEP L,R,L

1,2,3&4 ROCK FWD ONTO R, ROCK BACK ON TO L, SHUFFLE FWD ON R,L,R  
5,6,7&8 ROCK FWD ONTO L, ROCK BACK ON TO R, SHUFFLE FWD ON L,R,L

1,2,3&4 STEP R FWD TURN ½ TO L, SHUFFLE FWD  
(OPTION> full turning shuffle to L on R,L,R)

&5-6 ROCK TO L ONTO L, PUSH WEIGHT ONTO R, STEP L ACROSS R

7&8 ROCK TO R ONTO R, PUSH WEIGHT ONTO L, STEP R ACROSS L

1,2,3&4 WALK FWD ON L, R, & SHUFFLE FWD L,R,L

5,6,7&8 ROCK TO R ON TO R AS YOU SWAY R HIP TO R, SWAY HIP TO L AS YOU PUSH WEIGHT ONTO  
L & CROSS SHUFFLE TO L ON R,L,R

1,2,3&4 ROCK TO L ON TO L AS YOU SWAY L HIP TO L, SWAY HIP TO R AS YOU PUSH WEIGHT ONTO  
R & CROSS SHUFFLE TO R ON L,R,L

&5&6 JUMP BACK ONTO R, TAP L HEEL FWD, JUMP L TO CENTRE, TAP R TOE NEXT TO L,

&7&8 JUMP BACK ON R, TAP L HEEL FWD, JUMP L TO CENTRE, TAP R NEXT TO L TOE