

16 count intro, start on vocals. Start feet apart and looking down.

Look up, twist in and out, behind and in front, ¼ turn left and touch.

- &1 Look up
2&3 Hold both hands out (think of balancing scales).
(2) Twist right knee in by turning right toe in on the ball (jazz position).
(&). Twist right knee out by turning out right toe on the ball. (3).
4 Bring right foot into left by sliding it in.
5&6 Step right behind left. Step left to left side. Step right in front of left.
7-8 Turn ¼ turn left stepping left foot forward. Step right next to left.

Left kick out, out, knee roll ¼ turn left, knee pops travelling forward.

- 1&2 Kick left foot forward. Step left to left side and slightly back. Step right to right side.
3-4 Turn ¼ turn left rolling left knee. Step right next to left.
5-6, 7-8 Travelling forward pop knee forward left, right, left, right.

Hip bumps, toe taps and turn, walk right left, full triple turn.

- 1&2 Step right to right side bumping hips twice.
3&4 Tap left toe twice and turn ¼ turn left stepping left forward.
5-6 Walk forward right left.
7&8 Full triple turn over left shoulder stepping right left right.

Step out and in, walk back right left, step turn step, scuff step out.

- &1&2 Step left out. Step right out. Step left in. Touch right next to left.
3-4 Walk back right left.
5&6 Step back right. Turn half turn left stepping left forward. Step right forward.
7-8 Scuff left foot forward. Look back down as you step left to left side so feet end apart ready to start the dance again.
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