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Rescue Me

48 count, 4 wall, intermediate level

Choreographer: Terry Hogan (Aus) Nov 2004

Choreographed to: Rescue Me by Wynonna

Count sequence: 48, 56, 48, 36, 36, 48, 48

1-8: R COASTER, FWD L, 1/4R, CROSS L, SIDE R, L BEHIND, SIDE R, CROSS L, ROCK SIDE R

- 1&2 Step R backward, step L beside R, step R forward
- 3,4 Step L forward, make 1/4 pivot turn R onto R foot
- 5,6,7 Step L across R, step side R, step L across behind R
- &8& Step side R, step L across R, rock-step side R

9-16: REPLACE, BACK R, L CROSS SHUFFLE, SIDE R, 1/4L FWD L, FWD R, 1/2 L, R FWD, 1/2L

- 1,2 Replace weight onto L, step R backward and behind L
- 3&4 Cross shuffle to the R side L,R,L
- 5,6 Step side R, make 1/4 turn L and step forward L
- &,7 Step R forward, make 1/2 pivot turn L stepping forward onto L
- &,8 Step R forward, make 1/2 pivot turn L stepping forward onto L

17-24: ROCK FWD R, REPLACE, BACK R, ROCK BACK L, REPLACE, FWD L, 1/2L BACK R, 1/2L

- FWD L, FWD R, 1/2L, FWD R
- 1&2 Rock-step R forward, replace back onto L, step R backward
- 3&4 Rock-step L backward, replace forward onto R, step L forward
- 5,6 Make 1/2 turn L stepping R backward, make 1/2 turn L stepping L forward
(moving toward starting wall)
- 7&8 Step R forward, make 1/2 pivot turn L onto L, step R forward

25-32: ROCK FWD L, REPLACE, BACK L, ROCK BACK R, REPLACE, FWD R, 1/4R SIDE L, ROCK BEHIND R, REPLACE, TRIPLE STEP R-L-R FULL TURN L

- 1&2 Rock-step L forward, replace back onto R, step L backward
- 3&4 Rock-step R backward, replace forward onto L, step R forward
- 5,6,7 Making 1/4 turn R step L to the side, rock-step R behind L, replace weight onto L
- &8& Step R to the side starting a full turn L as a triple step/paddle turn R,L,R
(turn should not travel)

33-40: 1/4L BACK L, BACK R, BACK L, BACK R, ROCK BACK L, REPLACE, SHUFFLE FWD LRL

- 1,2 Make a further 1/4 turn L stepping L slightly back, step R slightly backward
(you should be facing back wall)
- 3 Long step backward L dragging R toes backward along the floor
- 4 Long step backward R dragging L toes backward along the floor **
- 5,6 Rock-step L backward, replace forward onto R
- 7&8 Shuffle forward L,R,L

41-48: FWD R, 1/2L, ROCK FWD R, REPLACE, SIDE R, L CROSS, SIDE R 1/4L, FWD L, ROCK FWD R, RELACE

- &,1 Step R forward, make 1/2 pivot turn L onto L
- 2,3 Rock-step R forward, replace back onto L
- &,4 Step side R, step L over R
- 5,6 Step side R making 1/4 turn L, step L forward
- 7,8 Rock-step R forward, replace back onto L

Tag; for the 2nd repetition you need to add this 8 count tag;

- 1&2 Step R backward, slide L back beside R, rock-step R backward
- 3,4 Rock-replace L forward, step R forward
- 5,6 Step L forward, make 1/2 pivot turn R onto R
- 7&8 Triple step L,R,L making 1/2 turn R & moving slightly forward

Restarts; on the 4th & 5th wall you will only dance the first 36 counts ** and simply change step '36' into 'touch Rtoes beside L foot' leaving weight on L foot

Wynonna's latest 2 CDs are in my opinion, the best things she has ever done, and I never get bored listening to them. Two songs from the previous one inspired Chasing My Tail and Ready To Fly which both proved popular, so hopefully this one will follow suit - and before you start speculating, I haven't found religion, I just like the song!! The CD is titled What the World Needs Now Is Love.

I thought this was the hardest of the current batch of dances that I wrote for an event in Caboolture, but the class surprised me by getting it pretty quickly, so I altered the rating down a notch, although I guess the timing and turns may be a little tricky for some people - time will tell I guess - remember that a challenge is good for the brain so don't give up!!!!

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)1704 501678