

## Rescue Me

32 count, 4 wall, intermediate level

Choreographer: Gerda Klein (NL)

Choreographed to: Rescue Me by Ike & Tina Turner  
(CD: Fantstic! Their Greatest Hits) (132 bpm)

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### WALK, WALK, TOUCH, STEP TOGETHER, SIDE STEP, HIP BUMPS, SAILOR STEP ¼ TURN R

1 RF step forward  
2 LF step forward  
3 RF touch toes side right  
& RF step together  
4 LF side step left

5 hip bump right  
6 hip bump left  
7 RF cross behind left  
& ¼ turn right, LF side step left  
8 RF step forward

### TOUCH, SIDE STEP, HOLD, BALL CHANGE, PADDLE ¼ L (2X), CROSS, TOUCH

9 LF touch toes forward  
10 LF side step left  
11 hold  
& RF step together on bal of foot  
12 LF step forward

& ¼ turn left, RF hitch  
13 RF touch toes to right side  
& ¼ turn left, RF hitch  
14 RF touch toes to right side  
15 RF cross over left  
16 LF touch toes to left side

### HOLD, ½ MONTERY TURN L, HIP BUMPS

17 hold  
18 ½ turn left, LF step together  
19 RF touch toes to right side  
20 RF touch toes beside left

21 low hip bump right  
& return hips to center  
22 high hip bump right  
& return hips to center  
23 low hip bump right  
& return hips to center  
24 high hip bump right

### WALK, WALK, ½ TURN L WITH SWEEP, COASTER STEP, STEP FORWARD

25 RF step forward  
26 LF step forward  
27-28 ½ turn left, RF sweep and touch toes beside left

29 RF step back  
& LF step together  
30 RF step forward  
31-32 LF step forward (bring your weight slowly forward)

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