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Rely On You

INTERMEDIATE

48 Count 4 Walls Choreographed by: Kate Sala

Choreographed to: Can't Rely On You by Paloma Faith

Pattern: A, B, A, A, B, A, A, B, A, A, B, A Part A 32 counts 1 - 8 Side Rock, Recover, Sailor Step, Sailor Step 1/4 Turn Left, Step, Pivot 1/2 Turn Left. Side rock on R out to right side. Recover on to L 1 - 2 3 & 4 Cross step R behind L. Step L to left side. Step R to right side. 5 & 6 Cross step L behind R. Turn 1/4 left stepping R to right side. Step forward on L. Step forward on R. Pivot 1/2 turn left. 3:00 7 - 8 9 - 16 Rock Forward On Balls Of Feet, Coaster Step, Step Pivot 1/2 Turn Right, Step, Turn 1/2 Left. Step forward on R rocking forward on balls of both feet. Recover taking weight back on to L 1 - 2 3 & 4 Step back on R. Step L next to R. Step forward on R. Step forward on L. Pivot 1/2 turn right 5 - 6 7 - 8 Step forward on L. Turn 1/2 left stepping back on R. Turn 1/4 Left with Long Step Left, Drag, Jump Right With Kick, Step Down With Hitch, Coaster 17 - 24 Step, Step Forward, Pivot 1/2 Turn Right With Sweep. 1 - 2 Turn 1/4 left making a long step left on L. Drag R in towards L touching R next to L. 12:00 Small jump to right side on R kicking L leg out to the left. Step L down in place hitching R knee. 3 - 4 5 & 6 Step back on R. Step L next to R. Step forward on R. Step forward on L. Pivot 1/2 turn right on ball of L sweeping R leg round clockwise. 7 - 8 25 - 32 Sailor Step 1/2 Turn Right, Full Turn Left, 1/4 Turn Left With Side Rock, Together, Toe Splits, Hitch. 1 & 2 Turn 1/4 right Crossing R behind L. Small step L to left side. Turn 1/4 right stepping forward on R, put on your breaks and make this a prep step ready to turn left. 12:00 3 - 4 Pivot 1/2 turn left. Turn 1/2 left stepping back on R. 5 & 6 Turn 1/4 left rocking out on L to left side. Recover on to R. Step L next to R. 9:00 &7&8 Roll back on to heels splitting toes. Recover in place. Hitch L knee up. Step L next to R. Part B 16 counts 1 - 8 Walk x 2, Hold, Heel Swivels With sailor Arms, Hold, Run x 2, Hold, Look Back, Forward, Hold. 1 & 2 Quick walk forward on R. L. Hold. 3 & 4 On balls of feet swivel both heels left. Recover in place. Hold. Arms for count (3 &) - With elbows out to the sides place R hand flat on top of L dipping L elbow down & raise R elbow up. Recover in to parallel position. Drop arms back down for count 4. 5 & 6 Quick walk forward on R, L. Hold. 7 & 8 Look back over L shoulder. Look forward. Hold. 9 - 16 Step Pivot 1/2 Turn Left x 2, Rock, Recover, Turn 1/2 Right, Pivot 1/2 Right With Sweep. Step forward on R. Pivot 1/2 turn left. Step forward on R. Pivot 1/2 turn left. 1 - 4 5 - 6 Rock forward on R. Recover on to L. Turn 1/2 right stepping forward on R. Pivot 1/2 turn right on ball of R sweeping L leg round and 7 - 8 stepping L next to R.