

Back In The Day

Phrased, 4 Wall, Int/Adv

Choreographer: Paul James & David-Ian Blakeley (UK)

April 2013

Choreographed to: Remember Me by Daley Feat Jessie J

Start dancing on lyrics. Sequence:AAB, AAB, ABB

PART A

LARGE SIDE STEP, CROSS, UNWIND 3/4 TURN, KNEE POP L, R, L, R TRAVELING BACK

- 1-2 Big step left side, slide right toward left
&3-4 Step right together, cross left over, unwind 3/4 right (weight to left)
5-6 Step right slightly back (pop left knee forward), step left slightly back (pop right knee forward)
7-8 Step right slightly back (pop left knee forward), step left slightly back (pop right knee forward)

SWITCHES RIGHT AND LEFT, AND TOUCH RIGHT, CENTER, KICK HITCH, RIGHT SAILOR STEP, LEFT SAILOR 1/4 TURN

- 1&2& Touch right side, step right together, touch left side, step left together
3&4& Touch right side, touch right together, kick right diagonally forward, hitch right
5&6 Right sailor step
7&8 Left sailor step turning 1/4 left

FUNKY WALKS BACK RIGHT, LEFT, RIGHT, LEFT, RIGHT SAILOR 1/2 TURN, KNEE POP, HOLD

- 1&2& Swivel left toe out and step right back, touch left together, swivel right toe out and step left back, touch right together
3&4 Swivel left toe out and step right back, touch left together, swivel right toe out and step left back
5&6 Right sailor step turning 1/2 right
&7-8 Raise heels, hold (pop knees forward), hold

WALK, WALK, 1/4 &CROSS, 1/4 STEP, ROCK, RECOVER, STEP BACK, TRIPLE 1 1/4 TURN, TOUCH

- 1-2 Step right forward, step left forward
&3-4 Step right forward, turn 1/4 left and cross left over, turn 1/4 right and step right forward
5&6 Rock left forward, recover to right, step left back
7& Turn 1/2 right and step right forward, turn 1/2 right and step left back
8& Turn 1/4 right and step right side, touch left together

PART B

LEFT AND RIGHT HIP PUSHES IN PLACE, CIRCLE HIPS ANTI TO RIGHT, & CROSS, & CROSS

- 1-2 Step left side and hip left, hip right
3-4 Hold for 2 counts (circle hips around to the left)
&5-6 Step left together, cross right over, step left side
&7-8 Step right together, cross left over, step right side

RIGHT HEEL, LEFT HEEL, RIGHT HEEL, 1/4 TURN RIGHT, 1/2 TURN LEFT, AND STEP, HEAD LOOK LEFT, 1/4 LEFT

- 1&2& Swivel right heel out, swivel right heel in, swivel left heel out, swivel left heel in
3-4 Swivel right heel out, swivel turn 1/4 right
5&6 Swivel turn 1/2 left (weight to right), step left together, step right forward
7-8 Hold (turn head left), turn 1/4 left (weight to left)

SCUFF RIGHT 1/4 LEFT, HIP BUMPS RIGHT LEFT RIGHT, 2 WALKS FORWARD LEFT, RIGHT WITH HIPS, STEPS SLIGHTLY FORWARD (LEFT RIGHT, LEFT RIGHT)

- 1-2 Turn 1/4 left and brush right forward, step right forward
3&4 Hip right, hip left, hip right
5-6 Step left diagonally forward and hip left, step right side and hip right
Feet move straight forward on &7&8, remaining at shoulder width
&7&8 Step left forward, step right side, step left forward, step right side

FOUR 1/4 TURN CHUGS TO THE RIGHT, QUICK STEP SEQUENCE, L, R, L, R, L, R, L, R

- 1-2 Turn 1/4 right and touch left side (12:00). Turn 1/4 right and touch left side (3:00)
3-4 Turn 1/4 right and touch left side (6:00). Turn 1/4 right and touch left side (9:00)
5&6& Left sailor step, cross right behind
7&8& Step left side, step right side, cross left behind, step right side
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