

**Release Me**

IMPROVER

32 Count 4 Walls

Choreographed by: Mathew "mattyboi" Sinyard

Choreographed to: Release Me by Agnes

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**Section 1 Long Side Step, Rock Turning 1/4 Left Recover, Half Turn Right x2**

- 1 & 2 Long step side right with left foot.  
3 - 4 Rock back on left turning 1/4 left, recover onto right.  
5 - 6 Step forward left turning half right. step back right turning half right.  
7 & 8 Triple forward left right left.

**Section 2 Rock step, Coaster Step, Turning Heel Dig, Coaster Step**

- 1 - 2 Rock forward right recover onto left.  
3 & 4 Step back right, step left beside right, step right forward.  
5 - 6 Left heel dig turning 1/4 left, recover onto right.  
7 & 8 Step back left, step right beside left, step forward left.

**Section 3 Cross Side Behind & Cross, Step Side, Rock Back Turning 1/4 Right Recover**

- 1 - 2 Cross right over left, step left to left side.  
3 & 4 Cross right behind left and cross over left.  
5 - 6 Step left to left side, rock back onto right turning 1/4 right.  
7 - 8 Recover onto left step forward right.

**Section 4 Half Turn Forward x2, Triple Forward Cross Unwind Full Turn (Optional Heel Bumps)**

- 1 - 2 Step forward left turning half right, step back right turning half right.  
3 & 4 Triple forward left right left  
5,6,7,8 Cross unwind full turn over 4 counts ( optional heel bumps and finger clicks whilst turning).

**Restarts x2****End of section two after the coaster step on walls 4 & 9.**

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