

## Release

40 count, 2 wall, beginner level

Choreographer: Kim Thompson (UK) Aug 2007

Choreographed to: Release by Timbaland, Shock  
Value Album

---

32 Count intro

### **WALK R, HOLD, WALK L, HOLD, X2**

- 1 - 2 Walk forwards on R, Hold
- 3 - 4 Walk forwards on L, Hold
- 5 - 6 Walk forwards on R, Hold
- 7 - 8 Walk forwards on L, Hold

**\*\*OPTIONAL MOVE - Pull shoulders back on each step\*\***

### **SLOW CHASSE R WITH L TOUCH, HITCH & POINT L X2**

- 1 - 2 Step R to R side, Step L besides R
- 3 - 4 Step R to R side, Touch L besides R
- 5 - 6 Hitch L knee in front of R, Point L to L side
- 7 - 8 Hitch L knee in front of R, Point L to L side

### **SLOW CHASSE L WITH R TOUCH, HITCH & POINT R X2**

- 1 - 2 Step L to L side, Step R besides L
- 3 - 4 Step L to L side, Touch R besides L
- 5 - 6 Hitch R knee in front of L, Point R to R side
- 7 - 8 Hitch R knee in front of L, Point R to R side

### **JAZZ BOX ¼ R X2**

- 1 - 2 Cross R over L, Step back L
- 3 - 4 Make a ¼ stepping R to R side, Step L besides R
- 5 - 6 Cross R over L, Step back L
- 7 - 8 Make a ¼ stepping R to R side, Step L besides R

### **R SIDE TOGETHER**

- 1 - 2 Large step R to R side, Step L besides R
- 3&4 Kick forwards on the R, Step slightly back on R, L
- 5 - 6 Step forwards R, Pivot ½ over L shoulder
- 7 - 8 Step forwards R, Pivot ½ over L shoulder

---

Music download available from iTunes

---