

Redneck Woman

32 count, 2 wall, improver level

Choreographer: Helen Born & Nita Lindley (USA)
Choreographed to: Redneck Woman by Gretchen
Wilson (186 bpm), CD: Here For The Party; All The
Fun by Paul Overstreet (145 bpm)

WALK, WALK, SYNCOPATED FORWARD ROCK, SYNCOPATED SIDE ROCKS

- 1-2-3&4 Walk forward right, left, rock forward on right, rock back on left, right together
5&6-7&8 Rock left on left, recover right, left together, rock right on right, recover left, right together

PIVOT ¼ RIGHT, WEAVE RIGHT, ¼ RIGHT TURN SHUFFLE, ROCK STEP

- 1-2-3&4 Step left forward, pivot ¼ turn right, cross left over right,
step right to right, step left behind right
5&6-7&8 Turn ¼ right shuffle right, left, right, rock forward on left, recover on right, left together

RIGHT & LEFT SAILOR STEPS, HEEL & HEEL, ¼ TURN RIGHT

- 1&2-3&4 Cross right behind left, step left foot to left, right in place, cross left behind right,
step right foot to right left in place
5&6&7-8 Touch right heel forward, switch and touch left heel forward, switch and touch right toe back,
turning ¼ right ending with weight on right foot

HEEL & HEEL, ¼ TURN LEFT RIGHT & LEFT HIP BUMPS

- 1&2&3-4 Touch left heel forward, switch and touch right heel forward, switch and touch left toe back
turning ¼ left ending with weight on left foot
5&6-7&8 Step on right foot bump right, left, right, step on left foot bump left right left
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