

FOUR FORWARD SHUFFLES

- 1 & 2 Shuffle forward starting on right foot
3 & 4 Shuffle forward starting on left foot
5 & 6 Shuffle forward starting on right foot
7 & 8 Shuffle forward starting on left foot right kick ball change (2 times)
9 & 10 Kick right foot forward, step back to place on ball of right foot and quick change weight onto the ball of left foot
11 & 12 Kick right foot forward, step back to place on ball of right foot and quick change weight onto ball of left foot

PIVOT TURN 1/2 LEFT

- 13 - 14 Step forward on right foot, releasing right hands, pivot 1/2 turn to left & rejoin right hands. (weight is now on left foot) note: you are now facing RLOD.

RIGHT KICK BALL CHANGE (2 TIMES)

- 15 & 16 Kick right foot forward, step back to place on ball of right foot and quick change weight onto ball of left foot
17 & 18 Kick right foot forward, step back to place on ball of right foot and quick change weight onto ball of left foot

PIVOT TURN 1/2 LEFT

- 19 - 20 Step forward on right foot, releasing right hands, pivot 1/2 turn to left & rejoin right hands. (weight is now on left foot)

RIGHT VINE, HITCH, LEFT VINE, HITCH

- 21 - 24 Step right foot to right side. Step left foot behind right foot. Step right foot to side. Hitch left leg.
25 - 28 Step left foot to left side. Step right foot behind left foot. Step left foot to left side. Hitch right leg.

STEP, HITCH, STEP, HITCH

- 29 - 32 Step forward on right foot. Hitch left leg. Step forward on left foot. Hitch right leg.

3 STEPS BACK, HITCH

- 33 - 36 Step back on right foot, step back on left, step back on right, hitch left leg.

ROCKS (HIP BUMPS) HITCH

- 37 - 40 Rock forward on left foot twice. Rock back on right foot twice. Note: this movement is the same as bumping your left hip forward 2 times, right hip back 2 times.
41 - 42 Rock forward on left foot once. Rock back on right foot once. (again repeat the bump movement)
43 - 44 Rock forward on left foot (bump forward), hitch right leg.

REPEAT
