

HEEL, TOE, HEEL, CROSS, HEEL, TOE, HITCH TWICE

- 1 - 4 Put right heel forward, touch right toe back, put right heel forward, cross right toe over left
5 - 8 Put right heel forward, touch right toe back, hitch 2 times forward (lift right knee up and hop twice on left foot)

STEP, STOMP, TOES UP, TOUCH, 1/2 TURN, STEP BACK AND SLIDE FOOT

- 1 - 4 Set right foot down, stomp left next to right, lift toes up and out (away from each other) and put back down
5 - 8 Touch right toe back by left heel, rotate a 1/2 turn to your right, step back on left, slide right to left putting weight on right

SHUFFLE, VINE RIGHT WITH 1/4 TURN, BRUSH, STOMP, CLAP

- 1 & 2 Shuffle forward (left, right, left)
3 - 6 Vine right with 1/4 turn right, brush left foot (bring knee up as you brush)
7 - 8 Stomp right foot to right side and slightly forward (putting weight on right), clap

SAILOR, SAILOR, ROCK FORWARD AND HEEL AND TOUCH

- 1 & 2 - 3 & 4 Two sailor shuffles (right, left, right and left, right, left)
5 - 7 & 8 Rock forward on right and back on left, put right heel out and quickly put right heel next to left and stomp left next to right

REPEAT
