

**Back Door Bop**

BEGINNER

48 Count

Choreographed by: Stella Wilden

Choreographed to: Be My Lover by La Bouche

**TOE HEEL, TRIPLE STEP**  
1 Touch right toe in to left instep  
2 Touch right heel in left foot  
3 & 4 Triple step in place

**TOE, HEEL, TRIPLE STEP**  
5 Touch left toe in to right instep  
6 Touch left heel in right foot  
7 & 8 Triple step in place

**FORWARD RIGHT, LEFT, RIGHT, KICK LEFT**  
9 Step forward right  
10 Step forward left  
11 Step forward right  
12 Kick forward left

**STEP BACK LEFT., RIGHT, COASTER STEP**  
13 Step back left  
14 Step back right  
15 Step back left  
& Step right next to left  
16 Step forward left

**GRAPEVINE RIGHT & BRUSH, GRAPEVINE LEFT, TURN, BRUSH**  
17 Step right side right  
18 Step left behind right  
19 Step right side right  
20 Brush left beside right  
21 Step left side left  
22 Step right behind left  
23 Step left 1/4 turn left  
24 Brush right beside left

**HIP BUMPS RIGHT, LEFT**  
25 - 26 Step forward slightly with right &

**BUMP HIPS RIGHT TWICE**  
27 - 28 Bump hips back & left twice

**HEEL TOGETHER, HEEL HITCH TURN, TWICE**  
29 Touch right heel forward  
30 Step right beside left, change weight  
31 Touch left heel forward  
32 Hitch left knee & pivot 1/4 turn right  
33 Touch left heel forward  
34 Step left beside right change weight  
35 Touch right heel forward  
36 Hitch right knee & turn 1/4 turn right

**STEP SLIDES TOUCH X RIGHT, X LEFT**  
37 Step diagonally forward right  
38 Slide left behind right  
39 Step diagonally forward right  
40 Touch left beside right  
41 Step diagonally forward left  
42 Slide right behind left  
43 Step diagonally forward left  
44 Touch right beside left

## **SYNCOPATIONS**

& Step right small step side right  
45 Step left small step left  
& Step right center  
46 Step left center  
& Step right small step side right  
47 Step left small step left  
& Step right center  
48 Step left center

## **REPEAT**

---

(23787)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA  
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 \*charged at 10p per minute