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**Ready-steady** 

BEGINNER 48 Count

Choreographed by: Chris Hodgson Choreographed to: I Get So Rattled by Jill Morris

HEEL-BALL-CHANGE (TWICE), ROCK STEP/COASTER STEP (RIGHT AND LEFT) Touch right heel forward, step in place on right foot, step in place on left foot 1 & 2 3 & 4 Repeat counts 1&2 Step forward on right foot, rock weight back onto left foot 5 - 6 7 & 8 Step back on right foot, step left foot back next to right, step right foot forward 9 - 16Repeat counts 1-8 again starting with left foot SHUFFLE FORWARD, 1/2 TURN RIGHT, SHUFFLE FORWARD, 1/2 TURN LEFT 17 & 18 Shuffle forward on right-left-right Step forward on left foot, pivot 1/2 turn to right 19 - 20 21 & 22 Shuffle forward on left-right-left 23 - 24 Step forward on right foot, pivot 1/2 turn to left SIDE TOUCHES AND CROSS STEPS (FORWARD AND BACK) Touch right foot out to right side, cross step right foot over in front of left 25 - 26 27 - 28 Touch left toe out to left side, cross touch left toe over in front of right 29 - 30 Touch left toe out to left side, cross step left foot behind right 31 - 32Touch right toe out to right side, cross touch right toe behind left foot /Finger snaps can be added on counts 25-32 SIDE ROCK, SYNCOPATED ROCK STEP, SYNCOPATED 1/2 TURN LEFT, STEP-STEP 33 - 34 Step right foot to right side, rock weight back onto left foot & 35 Step right foot in place, step left foot to left side Rock weight onto right foot 36 Step left foot next to right, step forward on right foot & 37

Step forward on right foot, step forward on left foot

SYNCOPATED STEPS (FORWARD-BACK) AND CLAPS, STEP 1/2 TURN, STEP 1/4 TURN

& 41 Small step forward on right foot, small step forwards on left foot
 42 Hold position and clap hands

& 43 Small step back on right foot, small step back on left foot

44 Hold position and clap hands

1/2 turn to left

45 - 46 Step forward on right foot, pivot 1/2 turn left 47 - 48 Step forward on right foot, pivot 1/4 turn left

**REPEAT** 

38

39 - 40