

Ready To Jump

Phrased, 64 count, 2 wall, intermediate level Choreographer: Sandra Le Brocq (February 2006)

Choreographed to: Jump by Madonna

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Begin dance after 32 +32 counts rhythm

SEQUENCE: A-A-B; A (16 counts only *see note above) A-A-B; A-A-A; B-B

PART A

CROSS, SCISSOR -CROSS, 1/4 LEFT 2 BACK STEPS, KICK BALL CHANGE, STEP 1 - 8

- 1,2&3,4 Step R across L (1), step L to side (2), step R next to L (&) step L across R (3) 1/4 turn left stepping back on R (4)
- 5,6&7,8 Step back on L (5), kick R forward (6) step back on ball of R (&) step L in place (7), step forward on R (8)

9-16 STEP, 1/4 SCISSOR-CROSS, 3/4 2 TOUCHES, SIDE SHUFFLE, BACK STEP

- Step forward on L (1), ¼ turn to left stepping R to side(2) step L next to R(&),
- 3,4 Cross step R over L (3),1/4 turn to right on ball of R touching L beside R (4),
- 5.6&7 ½ turn to right on ball of R touching L beside R (5), shuffle to left LRL (6&7)
- Cross step R behind L (8) 8

17 - 24 STEP, KICK BALL-CROSS, ¼ TOUCH, SIDE ROCK, SIDE SHUFFLE, "KNEE ROLL"

- 1,2&3,4 Step L in place (1), R side kick (2), ball-cross (&3), ¼ turn left touching R beside L (4)
- 5,6&7,8 Rock out to right side on R (5), shuffle to left LRL (6 &7),R "knee roll" stepping in place (8 12.00

- 25 32 "KNEE ROLL", ¼ COASTER, "KNEE ROLLX2, ¼ WEAVE, SCUFF 1,2& L "knee roll" stepping in place (1), step back on R turning ¼ to right (2), step L next to R (&),
- 3,4 step forward on R (3), L "knee roll" stepping to left side (4)
- 5.6& R "knee roll" stepping in place (5), step L behind R (6), step R forward turning 1/4 Right (&), 7,8 step forward onto L (7) scuff R forward (8)

PART B

1 - 8**BOX CROSS, SIDE JUMP, CROSS WEAVE**

- 1-4 Step R across L (1), step back on L (2), step to right on R (3), step L across R (4)
- &5 Jump to right side stepping R L (&5) (feet together pushing fists above head
- 6-8 Slightly to right), cross R over L(6), step to side on L (7), step R behind |L (8) (lower fists to waist level on count 6)

SIDE JUMP, WEAVE, STEP 1/2 PIVOT, 2 STEP FULL TURN

- Jump to left side stepping LR (&1), (feet together pushing fists above head Slightly to left), &1
- step L behind R (2), step R to side (3), cross L over R (4), 2-4 (end with L slightly forward, arms lowered as before on count 2)
- 5-8 Step forward onto R (5) pivot ½ turn left onto L(6), walk forward RL (7,8) 6.00 (or make Full turn left)

17 - 24 BOX-CROSS, SIDE JUMP, CROSS WEAVE WITH 1/4 TURN

- Step R across L (1), step back on L (2), step to right on R (3), step L across R (4)
- Jump to right side stepping R L (&5) (feet together pushing fists above head Slightly to right), &5
- 6-8 cross R over L(6), step to side on L (7), step back on R with 1/4 Turn right (8) (lower fists to waist level on count 6)

21 - 32 BACK ROCK- RECOVER, ¼ SIDE ROCK-RECOVER, CROSS JUMP, ½ TURN WITH 3 'BOUNCES'

- 1-2 Rock back onto L (extending L arm forward) (1), recover onto R (2),
- 1/4 turn to right rocking to side left on L (extending R arm to side so both arms are open at shoulder level, palms forward) (3)
- 4-5 Recover on R (4), cross jump L over R (dropping arms to side) (5), ½ turn right
- 6-7 Bouncing on heels (6,7,8,)

NOTE* On count 16 omit the cross step R behind L, and instead execute 1/4 right turn keeping weight on L (weight is on L at the end of the shuffle 6 &7) to start PART A again

End after 3 bounces – jump feet apart & punch R arm in air!