

**SAILOR SHUFFLES**

- 1 Cross step left foot behind right foot  
& Step right foot back to beside left foot  
2 Step left foot forward  
3 Cross step right foot behind left foot  
& Step left foot back to beside right foot  
4 Step right foot forward  
5 & 6 Repeat steps 1&2  
7 & 8 Repeat steps 3&4

**TOE-HITCH, SIDE SHUFFLES AND 1/4 TURN**

- 9 Tap left toe to left side, knee pointed slightly inward  
10 Hitch left leg up and diagonally across right leg  
11 & 12 Side shuffle to left left-right-left  
13 Tap right toe to right side, knee pointed slightly inward  
14 Hitch right leg up and diagonally across left leg  
15 & 16 Side shuffle to right right-left-right, turning a 1/4 turn to right

**DIAGONAL STEPS FORWARD WITH FIST PUMPS**

**17&18 Step Left foot diagonally forward to left and cha-cha in place**

**/Switch weight between feet left-right-left and move hips to follow the weight change-do not lift feet off of floor while doing this and do not move forward while doing cha-cha.**

**/Optional hand movements: make a fist with each hand, put fists together, and pump them down to right**

- 19 & 20 Step right foot diagonally forward to right and cha-cha in place

**/Switch weight between feet right-left-right and move hips to follow the weight change-do not lift feet off of floor while doing this and do not move forward while doing cha-cha**

**/Optional hand movements: make a fist with each hand, put fists together, and pump them down to left**

- 21 & 22 Repeat steps 17&18  
23 & 24 Repeat steps 19&20

**WALK FORWARD**

- 25 Step forward on left foot  
26 Step forward on right foot

**/Optional-turn a 1/4 turn to left**

- 27 Step forward on left foot

**/Optional-turn a 3/4 turn to left to complete a full turn**

- 28 Stomp right foot beside left foot

**HOP CROSS TURN (WE CALL THIS THE "MICHAEL JACKSON TURN")**

- 29 Hop in place and land with feet shoulder-width apart  
30 Hop in place and land with left foot crossed in front of right foot (left foot is to the right of the right foot, and the right foot is to the left of the left foot)  
31 Turn 1/2 turn to right, pivoting on balls of both feet  
32 Clap; weight should be on right foot

**REPEAT**