

- 
- FORWARD SYNCOPATED ROCK STEPS, FORWARD SHUFFLES**
- 1 & 2 Rock right foot diagonally forward, rock left in place, rock right in place
- /Shift weight between right-left-right, without lifting feet off of the floor**
- 3 & 4 Shuffle forward left-right-left
- 5 & 6 Rock right foot diagonally forward, rock left in place, rock right in place.(same as above)
- 7 & 8 Shuffle forward left-right-left
- BACKWARD SYNCOPATED ROCK STEPS, BACKWARD SHUFFLES**
- 9 & 10 Rock right foot diagonally backward, rock left in place, rock right in place
- /Shift weight between right-left-right, without lifting feet off the floor**
- 11 & 12 Shuffle backward, left-right-left
- 13 & 14 Rock right foot diagonally backward, rock left in place, rock right in place
- 15 & 16 Shuffle backward, left-right-left
- 1/2 VINE, 1/2 TURNING SIDE SHUFFLE, ROCK STEP, SHUFFLE IN PLACE**
- 17 - 18 Step side right, cross left behind right
- 19 & 20 Step side right and begin 1/2 turning shuffle right, step left to meet right completing the turn, step right beside left
- 21 - 22 Rock forward left, rock right in place
- 23 & 24 Shuffle in place left-right-left
- 25 - 32 Repeat steps- 17-24
- SIDE ROCK STEPS, CROSS SHUFFLE, ROCK STEP, 1/4 TURN COASTER STEP**
- 33 - 34 Step (rock) right foot to the right side, rock left in place
- 35 & 36 Cross right foot over left, keeping feet in crossed position, step left with the left foot, cross right foot over left
- 37 - 38 Rock forward left, rock back on the right
- 39 & 40 1/4 turn left stepping slightly back on the left foot, step right together with left, step forward left
- REPEAT**
-