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Rat In Mi' Kitchen

32 Count, 4 Wall, Improver Choreographer: Rachael Young & Tracy Clark- Alldis

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Choreographed to: There's A Rat In Mi' Kitchen

by UB40

Long intro start on "There's a rat"

1&2 3&4 5-6 7-8	MAMBO R FORWARD, MAMBO L BACK, JAZZBOX ¼ R TURN  Mambo right foot forward, Recover next to left, Step Right in Place  Mambo left back, recover left in place, Step left in place  Cross right over left, step left back  Turning right ¼, step right to right side, step left beside right.
1&2 3&4	SWIVELS RIGHT, SWIVELS LEFT Swivel both heels right, Swivel both toes right, Swivel both heels right Swivel both heels left, Swivel both toes left, Swivel both heels right
1& 2& 3& 4	TWO SYNCOPATED ¼ MONTEREY TURNS RIGHT Point right toe to side, Turning ¼ right step right beside left Point left toe to side, step left in place Point right toe to side, Turning ¼ right step right beside left Point left toe to side
1&2 3-4 5&6 7&8	LEFT SAILOR STEP, STEP, ½ PIVOT TURN, TRIPLE ½ TURN, LEFT COASTER STEP Left step back, right beside left, left step forward Step right forward, pivot half turn over left shoulder Triple right-left-right half turn (Turn-it-round over L shoulder backwards) Left step back, right beside left, left step forward
1&2 3&4 5&6 7&8	TWO SHUFFLES FORWARD, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS Right step forward, left step behind right, right step forward Left step forward, right step behind left, left step forward Rock right to right side, recover on left, cross right over left. Rock left to left side, recover on right, cross left over right.