

BOUNCE BALL TWICE, THROW, SERVE

- 1 - 2 Bounce an imaginary ball on the ground with left hand, twice
3 Throw imaginary ball in air with left hand
4 Hit overhead ball with imaginary racket in right hand

FORWARD RUN 3, BACKHAND VOLLEY

- 5 - 7 Step forward right foot, step forward left foot, step forward right foot
8 Hit ball with imaginary racket with backhand

BEHIND VINE 3, FOREHAND; BEHIND VINE 3, BACKHAND

- 9 - 11 Cross left foot behind right foot, step right foot to right, cross left foot in front of right foot
12 Hit ball with imaginary racket with forehand
13 - 15 Cross right foot behind left foot step left foot to left, cross right foot in front of left foot
16 Hit ball with imaginary racket with backhand

BEHIND VINE 3, FOREHAND; BEHIND VINE 3, BACKHAND

17 - 24

Repeat beats 9-16

BACK 3, JUMP & SMASH; (LEFT) BASKETBALL 2, FORWARD & CLAP TRIPLE

- 25 - 27 Step back left foot, step back right foot, step back left foot
28 Jump and hit overhead ball with imaginary racket in right hand, land on both feet but weight to the right
29 - 30 Rock forward left foot turning 1/2 right, recover right foot leaving left foot behind right
31 - 32 Step forward left foot and clap / clap, clap

REPEAT**/Variation: All hits of the ball can be enhanced with Monica Seles Grunts if required.**