## STEPPIN'OFF









4 WALL - 32 COUNTS - IMPROVER			
STEPS	Actual Footwork	CALLING SUGGESTION	DIRECTION
Section 1	Cross Left, Side, Sailor Step, Right Kick Ball Step x 2		
1 - 2	Cross left in front of right. Step right to right side.	Cross Side	Right
3 & 4	Cross left behind right. Step right to right side. Step left to left side.	Sailor Step	On the spot
5 & 6	Kick right in front of left. Step right beside left. Step left to left side.	Kick Ball Step	Left
7 & 8	Kick right in front of left. Step right beside left. Step left to left side.	Kick Ball Step	
Section 2	Cross Right, Side, Sailor Step, Left Kick Ball Step x 2		
1 - 2	Cross right in front of right. Step left to left side.	Cross Side	Left
3 & 4	Cross right behind left. Step left to left side. Step right to right side.	Sailor Step	On the spot
5 & 6	Kick left in front of right. Step left beside right. Step right to right side.	Kick Ball Step	Right
7 & 8	Kick left in front of right. Step left beside right. Step right to right side.	Kick Ball Step	
Section 3	Cross Shuffle, 1/4 Turn Right Shuffle, 1/4 Turn Chasse, Sailor 1/4 Turn Right		
1 & 2	Cross left over right. Step right to right side. Cross left over right.	Cross Shuffle	Right
3 & 4	Step right 1/4 turn right. Step left beside right. Step forward right.	Turn Shuffle	Turning right
5 & 6	Make 1/4 turn right stepping left to left side. Step right beside left. Step left to left side.	Turn Close Side	Turning right
7 & 8	Cross right behind left. Make 1/4 turn right stepping back on left. Step forward right.	Sailor Turn	Turning right
Section 4	Toe Steps, Heel Steps, Knee Bends, Hitch		
1 - 2	Step ball of left next to right turning knee in. Step ball of right next to left turning knee in.	Left Right	On the spot
3 - 4	Step onto left heel in place, toes turned out. Step onto right heel in place toes turned out.	Heel Heel	
5	Turn toes to front dropping down and bending knees slightly.	Down	On the spot
6	Take weight on heels again and lift toes out, straightening legs.	Up	
7	Turn toes to front dropping down and bending knees slightly.	Down	
8	Straighten up right leg and hitch left knee.	Hitch	
Tag	Danced once at end of Wall 5, replace count 32 with hold then dance tag		
	Knee Rolls, Knee Knocks, Left Touch, Heel Digs		
1 - 2	(Rama) Roll left knee left. (Lama) Roll right knee right.	Left Right	On the spot
& 3	Both knees out. Both knees in. (Ding)	Ding	
& 4	Both knees out. Both knees in. (Dong)	Dong	
5 - 6	(Rama) Roll left knee left. (Lama) Roll right knee right.	Left Right	On the spot
& 7	Both knees out. Both knees in. (Ding, Ding)	Ding Ding	
& 8	Both knees out. Both knees in. (Dong)	Dong	
1 - 2 - 3	Touch left toe beside right. Touch left heel diagonally forward twice.	Touch Heel Heel	

Choreographed by: Susanne Schalewa & Gert Wollschlager (Germany)

Choreographed to: 'Rama Lama' by Rocky Sharp And The Replays (128 bpm)

from Rama Lama (Replays) (32 count intro on 'I've Got A Girl')

Choreographers' Note: At the end of Wall 2 hold the final hitch for a little longer, then start dance again.

Tag: At the end of Wall 5 dance to step 31, Hold for one count, dance tag once and then start dance again.



A video clip of this dance is available at www.linedancermagazine.com



Music available on the Happy Radio CD from www.linedancermagazine.com or call 01704 392300