

## Raincheck

32 count, 4 wall, Beginner level

Choreographer : Chris Peel (UK) April 2001  
Choreographed to : Raincheck by Speedlimit on This  
Wonderful World (MJMCD SL05) (138 bpm)  
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Observe 12 bar intro. Begin dance with the lyrics.

### **TOE-HEEL SUGAR FOOT, CROSS TOE STRUT (Leading right, then left)**

- 1-2 Touch right toe beside left instep, touch right heel beside left instep
- 3-4 Touch right toe across left, lower right heel into step down
- 5-6 Touch left toe beside right instep, touch left heel beside right instep
- 7-8 Touch left toe across right, lower left heel into step down

### **PENDULUM ROCK, PIVOT ½ TURN LEFT, WALKING STEPS FORWARD**

- 9-10 Rock forward on right, rock weight back on left
- 11-12 Rock back on right, rock weight forward on left
- 13-14 Step right forward into pivot ½ turn left, transfer weight forward on left
- 15-16 Walk forward right, walk forward left

### **TRAVELLING FORWARD TWISTING TOE STRUTS (Small steps)**

- 17-18 Point right toe diagonally forward right, transfer weight to ball of right and twist to centre
- 19-20 Point left toe diagonally forward left, transfer weight to ball of left and twist to centre
- 21-22 Point right toe diagonally forward right, transfer weight to ball of right and twist to centre
- 23-24 Point left toe diagonally forward left, transfer weight to ball of left and twist to centre

### **RIGHT STRUTTING JAZZ BOX WITH ¼ TURN LEFT, LEFT TOE STRUT FORWARD**

- 25-26 Point right toe across left, lower right heel into step down
- 27-28 Touch left toe behind right, lower left heel into step down
- 29-30 Point right toe ¼ turn right, lower right heel into step down
- 31&32 Point left toe forward, lower left heel into step down