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Rainbows

32 count, 4 wall, Beginner/Intermediate level
Choreographer : Val Reeves (UK) 2000
Choreographed to : Dance Above The Rainbow by
Ronan Hardiman, Feet Of Flames
e-mail : val@redhotstompers.demon.co.uk

SYNCOPIATION STEPS FORWARDS STEP SCUFF SHUFFLE BACK

1& Right step forward left lock behind right
2& Right step forward left lock behind right
3& Right step forward left lock behind right
4& Right step forward left lock behind right
5 6 Right step forward scuff left foot
7&8 Left shuffle backwards

ROCK FORWARD AND BACK SHUFFLE FORWARD ACROSS TURN SHUFFLE

9 10 Right rock back recover to left
11&12 Right shuffle forwards
13 14 Left step across right right step back turning ¼ turn left
15&16 Left shuffle in place

ROCK FORWARD BACK TRIPLE ½ TURN

17 18 Rock forward on right recover on left
19&20 Turning ½ turn right on right shuffle (rock forward back triple ½ turn)
21 22 Rock forward on left recover right
23&24 Turning ½ turn left on left shuffle

KICK KICK TURN SHUFFLE KICK KICK TURN SHUFFLE

25 26 Kick right forward kick right to side turning ¼ turn right
27&28 Right shuffle in place
29 30 Kick left forward kick left to side turning ¼ turn left
31&32 Left shuffle in place

Begin again

Option last shuffle try triple one full turn have fun