

KICK BALL-CHANGE (3 TIMES), KNEE ROLL, KNEE ROLL, HEEL DROP**/You are now facing 45 degrees to the right of start of dance.**

- 1 Kick left foot forward
- & Step ball of left foot next to right foot
- 2 Step right foot next to left foot
- 3 Kick left foot forward
- & Step ball of left foot next to right foot
- 4 Step right foot next to left foot
- 5 Kick left foot forward
- & Step ball of left foot next to right foot
- 6 Step right foot next to left foot
- 7 Lift left heel- roll left knee 1/4 left
- & Lift right heel- roll right knee 1/4 left
- 8 Bring both heels down

HEEL, & CROSS (3 TIMES), JUMP, CROSS, UNWIND**/You are now facing 45 degrees to the left of start of dance.**

- & Jump back angling right on right foot
- 1 Touch left heel forward at 45 degree left
- & Step left foot to center
- 2 Cross step right foot over left foot
- & Jump back angling left on left foot
- 3 Touch right heel forward at 45 degree right
- & Step right foot to center
- 4 Cross step left foot over right foot
- & Jump back angling right on right foot
- 5 Touch left heel forward at 45 degree left
- & Step left foot to center
- 6 Cross step right foot over left foot
- 7 Jump landing with both feet spread apart
- 8 Jump-cross feet left over right
- 9 & 10 Unwind full turn right-weight right

STEP FORWARD, ROCK BACK & CLAP, STEP BACK, ROCK FORWARD & CLAP

- 1 Step forward with left foot
- 2 Rock-step back right and clap
- 3 Step back with left foot
- 4 Rock-step forward right and clap

STEP FORWARD, ROCK BACK & CLAP, TRIPLE STEP WITH 1/2 TURN LEFT

- 5 Step forward with left foot
- 6 Rock-step back right and clap
- 7 Step back left starting a to the left 1/2 turn
- & Step right continuing the to the left 1/2 turn
- 8 Step left, finishing turn

2 SETS-STEP FORWARD, ROCK BACK & CLAP, STEP BACK, ROCK FORWARD & CLAP**/You are now facing reverse start of dance.**

- 1 Step forward with right foot
- 2 Rock-step back left and clap
- 3 Step back with right foot
- 4 Rock-step forward left and clap
- 5 Step forward with right foot
- 6 Rock-step back left and clap
- 7 Step back with right foot

8 Rock-step forward left and clap

TRIPLE STEP, STEP LEFT, 1/2 PIVOT, TRIPLE STEP, TRIPLE STEP, STOMP, STOMP

1 Step forward with right foot
& Step forward with left-even with right
2 Step forward with right foot
3 Step forward with left foot
4 Pivot 1/2 turn to the right on ball of left foot
5 Step forward with left foot
& Step forward with right-even with left
6 Step forward with left foot
7 Step forward with right foot
& Step forward with left-even with right
8 Step forward with right foot
9 Stomp (down) with left foot
10 Stomp (down) with right foot

HEEL TAPS

/You are now facing start of dance.

/Bring heels off floor on the & before each of next 4 counts.

1 - 4 Bring heels down

JUMP, CROSS, JUMP, CROSS, JUMP, DRAG, STOMP

1 Jump, landing with both feet apart
2 Jump left, crossing right over left
3 Jump, landing with both feet apart
4 Jump left, crossing left over right
5 Jump, landing with both feet apart
6 - 7 Drag right foot to left on 2 counts
8 Stomp (up) with right foot new to left

TRIPLE STEP, STEP, 1/2 TURN, TRIPLE STEP, STOMP, STOMP

1 Step forward with right foot
& Step forward with left-even with right
2 Step forward with right foot
3 Rock-step left forward
4 Rock-step back right and start a 1/2 turn to the right
5 Step forward with left foot
& Step forward with right-even with left
6 Step forward with left foot
7 Step forward with right foot
& Step forward with left-even with right
8 Step forward with right foot

/At this point, you will be facing the opposite direction from the beginning of the dance.

REPEAT

KICK BALL-CHANGE (3 TIMES), KNEE ROLL, KNEE ROLL, HEEL DROP

/This dance starts facing 45 degrees left of front-kicks will be angled

1 Kick right foot forward
& Step ball of right foot next to left foot
2 Step left foot next to right foot
3 Kick right foot forward
& Step ball of right foot next to left foot
4 Step left foot next to right foot
5 Kick right foot forward
& Step ball of right foot next to left foot
6 Step left foot next to right foot
7 Lift right heel-roll- right knee 1/4 right
& Lift left heel- roll left knee 1/4 right
8 Bring both heels down