

Quick Fix

48 Count, 4 Wall, Intermediate

Choreographer: Karl-Harry Winson (UK) August 09

Choreographed to: Quick Fix' by VV Brown

CD: Travelling Like The Light (132 BPM)

16 count intro (start on vocals)

S1 Walk x2. Right kickball change. Step ¼ turn x2.

1-2 Walk forward on the right. Walk forward on the left.

3&4 Kick the right foot forward. Step right next to left. Step left in place next to right.

5-6 Step forward on the right. Make a ¼ turn left.

7-8 Step forward on the right. Make a ¼ turn left.

(Counts 5-8, emphasis with hip movements)

S2 Cross side behind & heel. & cross-side. Weave right.

1-2 Cross right over left. Step left foot to the left side.

3&4 Step right behind left. Step left next to right. Dig right heel to right diagonal.

&5,6 Step right next to left foot. Cross left foot over right. Step right foot to right side.

7&8 Cross left foot behind the right. Step right foot to right side. Cross left foot in front of the right.

S3 Syncopated rocks. Left jazz box.

1-2 Rock right foot out to right side. Recover weight back into the left.

&3,4 Step right next to the left. Rock left foot out to the left side. Recover weight back into the right.

5-6 Cross left foot over right. Step back on the right.

7-8 Step left foot to the left side. Scuff the right foot past the left.

S4 Right shuffle. Step left ½ turn. Shuffle ½ turn. Right coaster step.

1&2 Step forward on the right. Step left next to right. Step forward on the right.

3-4 Step forward on the left. Make a ½ turn right.

5&6 Shuffle ½ turn right stepping; Left, Right, Left (3.00).

7-8 Step back on the right. Step left next to right. Step forward on the right.

S5 Heel switches (with rocks, travelling forward).

1&2 Dig left heel forward. Step left foot next to right. Dig right heel forward.

&3,4 Step right foot next to left. Rock forward on the left. Recover weight back into the right.

&5 Step left next to the right. Dig right heel forward.

&6 Step right next to the left. Dig left heel forward.

&7,8 Step left next to the right. Rock forward on the right. Recover weight back into the left.

S6 ½ turn. ¼ turn. Sailor step. Step forward x2. Step back touch.

1-2 Make a ½ turn right stepping forward on the right; make a ¼ turn right stepping left foot to the left side.

3&4 Step right behind the left. Step left foot out to left side. Step right foot out to right side.

5-6 Step forward and out on the left. Step forward and out on the right.

7-8 Step back on the left. Touch right foot next to the left.