

Push Upon It

32 count, 4 wall, intermediate level

Choreographer: Mark Furnell & Jo Kinser (UK)

March 2008

Choreographed to: Push by Enrique Iglesias, Album:
Insomniac (100 bpm)

Start on vocals

- 1-8 Brush hitch Step & Cross & Heel, & Cross, Back, Coaster step**
1&2 Brush Rt Foot Fwd, Hitch Rt Knee, Step Rt to Rt
&3&4 Step Lt behind Rt, Step Rt over Lt, Step Lt back Lt, Present Rt heel fwd
&5 Bring Rt to Lt, Cross Lt over Rt
6 Step back Rt dragging Lt heel to Rt
7&8 Step back Lt, Step together Rt, Step Fwd Lt
- 9-16 1/4 point, 1/2 point, Sailor Step, Ball Rock Step, Back Bump & Bump**
1,2 Make 1/4 turn Lt pointing Rt to Rt, Make 1/2 turn Lt pointing Rt to Rt
3&4& Step Rt behind Lt, Step Lt to Lt, Step Fwd Rt, Step together Lt
5,6 Rock Fwd Rt, Replace weight Lt
7&8 Stepping back Rt Bump hips Rt, Lt, Rt (weight Rt)
Restart here on wall 4
- 17-24 Ball Step 1/4 turn, Rock Cross, Step Cross, Step Drag Touch**
&1,2 Step Lt to Rt, Step Fwd Rt, Make 1/4 turn Rt stepping Lt to Lt
3&4& Step Rt back, Cross Lt over Rt, Step Rt to Rt, Cross Lt over Rt
5,6 Step Rt large step to the Rt, Drag Lt to Rt touching Lt to Rt
7&8 Rock Lt to Lt, Replace weight Rt, Step Lt over Rt
- 25-32 And Out Hold, And Rock Cross, Unwind, Prep, 1/4 Full Turn**
&1,2 Step out Rt to Rt, Step Lt to Lt, Hold
&3&4 Bring Rt to Lt, Step Lt to Lt (Rock), Replace weight Rt, Cross Lt over Rt
5,6 Unwind 1/2 turn Rt, Prep upper body 1/4 turn Rt
7&8 Make 1/4 turn Lt stepping Lt Fwd, Make 1/2 turn Lt stepping back Rt,
 Make 1/2 turn Lt stepping Fwd Lt (9:00)

HAVE FUN ☺

Music download available from iTunes (Please do not use the version on the Step Up 2 Soundtrack)
