

Push It To The Limit

64 Count, 4 Wall, Intermediate

Choreographer: Mark Cosenza (USA) Oct 2008

Choreographed to: Push It To The Limit by

Corbin Bleu, CD: Jump in!

Start immediately when beat kicks in

POSITION ARMS AND PUSH BACK, TOUCH OUT, TOUCH IN, ROCK BACK, RECOVER, STEP AND SHRUG

- 1 Position arms at chest level in bent position & push back with both feet extending arms forward
- 2 Position arms at chest level in bent position
- 3-4 Touch right side right and extend right arm out, touch right together
- 5-6 Rock right back, recover to left
- 7&8 Step right forward, shrug shoulders up, then back down, (12:00)

JAZZ BOX ¼ TURN, LOCK STEP, FORWARD STEP, BUMP HIPS PIVOT TURN

- 1-2 Cross left over right, step back right and begin pivoting ¼ left
- 3-4 Continue pivoting ¼ left and step forward left, step forward right (9:00)
- 5-6 Lock left behind right, step right forward, step left forward
- 7-8 Step rock right back and bump hips back, step left forward and pivot ¼ as you bump left hips (12:00)

Restart here on wall 5

BUMP HIPS, ROCK AND PUSH DOWN, UP, DOWN, POINT CROSS, POINT CROSS

- 1-2 Bump hips and step right to side, recover and bump hips side left
- 3&4 Rock right back and slightly bend knees down, up, down shifting weight to left
Position arms at your sides and your hands in a position as if you are pushing down towards the ground
- 5-6 Point right side right, cross right over left
- 7-8 Point left side left, cross left over right

STEP DOWN, PIVOT RIGHT, POINT FORWARD, SIDE, FORWARD, SIDE, STEP FORWARD LEFT, STEP FORWARD RIGHT

- 1-2 Pivot ¼ right, shift weight to right (3:00)
- 3-6 Point left forward, touch side left, point left forward, touch side left
Swing arms left, right, left, right - opposite of where your foot is pointing
- 7-8 Step forward left, step forward right

RESTART On wall 5. Do the first 16 counts of the dance.

On count 16 pivot ¼ right to face the front wall to begin the dance again

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