

# **PSY-Cho**

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32 Count, 4 Wall, Improver Choreographer: Bettina "Betti" Drescher (DE) March 2013 Choreographed to: Oppa Gangnam Style by Psy

Start dancing on lyrics

## HITCHES

- 1&2& Hitch right, step right together. Hitch left, step left together
- 3&4& Hitch right, touch right together. Hitch right, step right together
- 5&6& Hitch left, step left together. Hitch right, step right together
- 7&8& Hitch left, touch left together. Hitch left, step left together

# APPLE JACKS RIGHT/LEFT/RIGHT/RIGHT/LEFT/RIGHT/LEFT/LEFT

- 1& Swivel left heel/right toe to right, swivel left heel/right toe to center
- 2& Swivel right heel/left toe to left, swivel right heel/left toe to center
- 3& Swivel left heel/right toe to right, swivel left heel/right toe to center
- 4& Swivel left heel/right toe to right, swivel left heel/right toe to center
- 5& Swivel right heel/left toe to left, swivel right heel/left toe to center
- 6& Swivel left heel/right toe to right, swivel left heel/right toe to center
- 7& Swivel right heel/left toe to left, swivel right heel/left toe to center
- 8& Swivel right heel/left toe to left, swivel right heel/left toe to center

### SIDE SHUFFLE RIGHT/LEFT, JAZZ BOX WITH TURN 1/4 RIGHT

- 1&2 Chassé side right-left-right
- 3&4 Chassé side left-right-left
- 5-6 Cross right over, turn ¼ right and step left back (3:00)
- 7-8 Step right side, step left together

#### DOROTHY STEPS RIGHT/LEFT, SPRINKLER (ARM-MOVEMENT)

- 1-2& Step right diagonally forward, lock left behind, step right diagonally forward
- 3-4& Step left diagonally forward, lock right behind, step left diagonally forward
- 5-8 Hold for 4 counts (put you left hand on back of your neck, right arm straight to right side. Pump with your chest down and up and move your right arm in front on four counts like a sprinkler)
- TAG After 3rd wall and 8th wall ARM-MOVEMENT
- Counts 1&: punch right arm in front & back to center
- Counts 2&: punch left arm in front & back to center
- Counts 3&: punch right arm above your head & back to center
- Counts 4&: punch left arm above your heat & back to center
- Counts 5&: arms up to your head & go back and down to your shoulders (like you pulled a cap over the head)
- Counts 6&: punch right arm to right side / left arm to left side & back to center
- Counts 7&: punch right arm down & back to center
- Counts 8&: punch left arm down & back to center

#### RUN BACK WITH ARM-SUNRISE, FREEZE

- 1& Step right slightly back, step left slightly back
- 2& Step right slightly back, step left slightly back
- 3& Step right slightly back, step left slightly back
- 4& Step right slightly back, step left slightly back
- On 1-4 move your arms up to a sunrise
- 5-8 Hold for 4 counts (pose)

### TAG After 11th wall

# SPRINKLER ARM-MOVEMENT

- 1-4 Hold for 4 counts (right arm down at your side)
- 5-8 Hold for 4 counts (put you left hand on back of your neck, right arm straight to right side.
  - Pump with your chest down and up and move your right arm in front on four counts like a sprinkler)