

Pride in the Back Stretch

68 (64)count, 4wall, intermediate level
Choreographer: Horst Wiese (Germany) Jun 05
Choreographed to: The Race Is On, Sawyer Brown /
Six Days On The Road, Sawyer Brown

Intro/Count In:16

1. Section: Heeltaps r., ¼ monterey turn r., hold

- 1-4 Stepping right foot to right side, raise right heel and tap it down 4 times
- 5, 6 On ball of left pivot ¼ turn right stepping right beside left, touch left to left side
- 7, 8 Step left beside right, hold

2. Section: 2x rock step rock (r+l)

- 1, 2 Rock forward on right, rock back onto left
- 3, 4 Rock forward on right, hold
- 5, 6 Rock forward on left, rock back onto right
- 7, 8 Rock forward on left, hold

3. Section: Repeat 1 – 16

4. Section: Vine r. with ½ turn r., brush, vine l., ¼ turn left.

- 1, 2 Step to the right on right foot, Step left foot behind right foot
- 3 On ball of left pivot ¼ turn right & step right foot forward
- 4 On ball of right pivot ¼ turn right & brush right foot forward
- 5, 6 Step to the left on left foot, Stepp right foot behind left foot
- 7, 8 Step to the left on left foot with ¼ turn left, step right foot forward

5. Section: ½ turn l., ¼ turn l., behind, 1/4 turn r., shuffle l., stomp.

- 1 Pivot ½ turn left
- 2 Make ¼ turn left stepping right to right side
- 3, 4 Step left foot behind right foot, step right to right side with ¼ turn right
- 5, 6 Step left foot forward, slide right foot beside left foot
- 7, 8 Step left foot forward, stomp with right foot beside left

6. Section: Modified apple jacks

- 1-4 Taking weight on left heel and right toe – twist both toes to the left and then back to center & repeat
- 5-8 Change weight to right heel and left toe - twist both toes to the right and then back to center & repeat
- 9-12 Change weight to left heel and right toe - twist both toes to the left and then back to center & repeat

7. Section: Jazz Box 2x

- 1, 2 Cross Step right over left, Step back on left
- 3, 4 Step right beside left, Step onto left in place
- 5, 6 Cross Step right over left, Step back on left
- 7, 8 Step right beside left, Stomp onto left in place

The dance start again

Notice: By using the song „six days on the road“ cancel the counts 9-12 from section „Modified apple jacks“
