

Pray It Away

32 Count, 2 Wall, Beginner, WCS/ECS

Choreographer: Jo Thompson Szymanski (usa) 2012

Choreographed to: Pray It Away by Scooter Lee. CD: Sing a New Song, Dance A New Dance (122 bpm iTunes)

Intro: 32 counts

1-8 SUGAR PUSH & BACK ROCK

- 1 – 2 Step R forward; Step L forward
- 3 – 4 Touch R slightly behind L; Step R back to right diagonal
Option for counts 3 – 4: Small back, lock, back (R,L,R) (3&4)
- 5 – 6 Touch L slightly behind R; Step L back to left diagonal
Option for counts 5 – 6: Small back, lock, back (L,R,L) (5&6)
- 7 – 8 Rock R back; Recover forward to L

9-16 REPEAT 1-8: SUGAR PUSH & BACK ROCK

- 1 – 2 Step R forward; Step L forward
- 3 – 4 Touch R slightly behind L; Step R back to right diagonal
Option for counts 3 – 4: Small back, lock, back (R,L,R) (3&4)
- 5 – 6 Touch L slightly behind R; Step L back to left diagonal
Option for counts 5 – 6: Small back, lock, back (L,R,L) (5&6)
- 7 – 8 Rock R back; Recover forward to L

17-24 STOMP, HOLD, 1/4 TURN LEFT, HOLD, STOMP, HOLD, 1/4 TURN LEFT, HOLD

- 1 – 2 Stomp (or step) R forward (Arms go out palms down); Hold
- 3 – 4 Turn ¼ left shift weight to L; Hold
- 5 – 6 Stomp (or step) R forward (Arms go out palms down); Hold
- 7 – 8 Turn ¼ left shift weight to L; Hold

Note: For a 1-wall version of this dance substitute the following instead of the ¼ turns.

- .1 – 2 Stomp R forward, do not shift weight to it (Arms go out palms down); Hold.
- .3 – 4 Step R to right; Hold
- .5 – 6 Stomp L forward, do not shift weight to it (Arms go out palms down); Hold
- .7 – 8 Step L to left; Hold

Note: The above 8 count variation does not move forward.

25-32 SAILOR STEP X 4 – RIGHT, LEFT, RIGHT, LEFT

- 1 & 2 Step R behind L; Step L to left; Step R in place (slightly forward)
- 3 & 4 Step L behind R; Step R to right; Step L in place (slightly forward)
- 5 – 8 Repeat above 4 counts.
Easy option: Instead of the Sailor Steps do 4 triple steps in place.

Music from www.scooterlee.com