

Power Of A Woman

56 Count, 4 Wall, Intermediate

Choreographer: Diane Blairs (UK) Sept 2008

Choreographed to: Power Of A Woman by Eternal

(Carl Sturken and Evan Rogers),

CD: Modern Love Songs

Start just before vocals

1. FULL TURN LEFT, BEHIND SIDE CROSS, RIGHT ROCK, CROSS SHUFFLE

1-2 cross right over left full unwind
3&4 left behind right, step right to right side, cross left over right.
5-6 rock right side recover on left,
7&8 cross right over left, step left to left side, cross right over left.

2. FULL TURN RIGHT, BEHIND SIDE CROSS, LEFT ROCK, CROSS SHUFFLE

1-2 cross left over right full unwind,
3&4 right behind left, step left to left side, cross right over left.
5-6 rock left side, recover on right,
7&8 cross left over right, step right to right side, cross left over right.

3. FORWARD ROCK, 1 1/2 TURNS RIGHT, ROCK FORWARD, LEFT TRIPLE HALF TURN.

1-2 forward on right, recover on left,
3&4 1/2 turn right, step forward on right, 1/2 turn right step back on left,
1/2 turn right step forward on right,
5-6 rock forward on left, recover on right
7&8 triple 1/2 turn left (LRL) facing 12o'clock

4. TOUCH RIGHT TOE LEFT DIAG, TOUCH RIGHT SIDE, RIGHT SAILOR, TOUCH LEFT TOE RIGHT DIAG, TOUCH LEFT SIDE, LEFT SAILOR.

1-2 touch right toe left diagonal touch right toe to right side.
3&4 cross right behind left, small step left, step right to right side,
5-6 touch left toe to right diagonal, touch left toe to left side,
7&8 cross left behind right, small step right, step left to left side

5. HITCH 1/2 LEFT x 2, CROSS ROCK SIDE, CROSS UNWIND 1/2, CHASSE LEFT.

1-2 hitch right knee, 1/2 turn left stepping right to right side
hitch left knee, 1/2 turn left stepping left to left side.
3&4 cross right over left, recover on left, step right to right side,
5-6 cross left over right, unwind 1/2 turn (weight on right)
7&8 step left to left side close right beside left, step left to left side

6. HITCH 1/2 LEFT x 2, CROSS ROCK SIDE, CROSS UNWIND 1/2 BEHIND SIDE STEP FORWARD

1-2 hitch right knee 1/2 turn left stepping right to right side,
hitch left knee 1/2 turn left stepping left to left side,
3&4 cross right over left, recover on left, step right to right side,
5-6 cross left over right, unwind 1/2 turn right (weight on left)
7&8 cross right behind left, small step left to left side, forward on right.

7. TOGETHER, LEFT ROCK, TRIPLE 3/4 TURN LEFT, JAZZ BOX

&1 2& step left beside right, step forward on right, step forward on left recover on right,
3&4 triple 3/4 turn left (LRL)
5 6 cross right over left, step back on left,
7 8 step side right on right, step left beside right.
