

## Porushka Poranya

32 Count, 4 Wall, Beginner Choreographer: Gary Lafferty (UK) Choreographed to: Porushka-Paranya by Bering Strait

## THE INTRO

There is a 32-count vocal intro to the music. Then dance 'the intro' once, then start 'the dance' just as the music kicks in with the fiddle!

	STEP, CLAP-CLAP, STEP, CLAP-CLAP, STEP, ¼ TURN, STEP, ¼ TURN
1&2	Step forward on right foot, clap, clap
3&4	Step forward on left foot, clap, clap
5-6	Step forward on right foot, pivot 1/4 turn to left
7-8	Step forward on right foot, pivot 1/4 turn to left
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	STEP, CLAP-CLAP, STEP, CLAP-CLAP, ROCK FORWARD, RECOVER, TRIPLE ½ TURN
1&2	Step forward on right foot, clap, clap
3&4	Step forward on left foot, clap, clap
5-6	Rock forward on right foot, recover weight back onto left foot
7&8	Shuffle back turning ½ turn over right shoulder
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THE DANCE	
Section 1	LEFT SHUFFLE, STEP FORWARD, ½ TURN, HEEL SWITCHES, CLAP, CLAP
1&2	Left shuffle forward
3-4	Step forward on right foot, pivot ½ turn to left
5&6	Touch right heel forward, step on right foot beside left, touch left heel forward
&7&8	Step on left foot beside right, touch right heel forward, clap, clap
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Section 2	RIGHT SHUFFLE BACK, ROCK STEP, STEP, BRUSH, STEP, BRUSH
1&2	Right shuffle back
3-4	Rock back on left foot, recover weight onto right foot
5-6	Step forward on left foot, brush right foot forward
7-8	Step forward on right foot, brush left foot forward
1-0	otep forward on right foot, brash left foot forward
Section 3	ROCK FORWARD, RECOVER, ¼ TURN, TOUCH, FULL ROLLING TURN TO RIGHT,
	TOUCH/CLAP
1-2	Rock forward on left foot, recover weight back onto right foot
3-4	Turn ¼ left stepping to left on left foot, touch right beside left
5-7	Full rolling turn to right
8	Touch left foot beside right & clap
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Section 4	SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE ½ TURN
Section 4 1-2	SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE ½ TURN Step to left on left foot, step on right foot beside left
Section 4	SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

## **REPEAT**

7&8

## **FINISH**

After dancing 8 complete walls the music will come to a complete stop. You will be facing the home wall & here you will hold for a couple of seconds until the music kicks in again. Then do the 9th & final wall to finish (change the last triple  $\frac{1}{2}$  turn to a triple  $\frac{3}{4}$  turn to ensure that you end facing front for a "nice" finish!)

Shuffle back turning ½ turn over right shoulder



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