

Polys-filla

BEGINNER 32 Count

Choreographed by: Alan Birchall Choreographed to: Hole Hearted by Extreme

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(29635)

	REPEAT
25 - 26 27 - 28 29 - 30 31 - 32	LEFT TOE POINT, RIGHT MONTEREY TURN, LEFT TOE POINT, RIGHT TOE FORWARD Point left to left, step left in place Point right to right, make 1/2 turn right while stepping right in place Point left to left, step left in place Point right to right, point right toe forward
17 - 18 19 & 20 21 - 22 23 & 24	STEP FORWARD LEFT, STEP FORWARD RIGHT, LEFT SHUFFLE FORWARD, ROCK FORWARD RECOVER, 3/4 TRIPLE TURN RIGHT Step forward on left, step forward on right Step forward on left, step right beside left, step forward on left Rock forward on right, recover on left 3/4 turn over right shoulder stepping right, left, right
9 - 10 11 - 12 13 - 14 15 & 16	RIGHT TOE POINT, STEP IN PLACE, LEFT TOE POINT, LEFT TOE FORWARD, LEFT TOE POINT, STEP IN PLACE, RIGHT COASTER STEP Point right to right, step right in place Point left to left, point left toe forward Point left to left, step left in place Step back on right, step left beside right, step forward on right
1 - 2 3 - 4 5 - 6 7 & 8	RIGHT TOE POINT, STEP IN PLACE, LEFT TOE POINT, STEP IN PLACE, RIGHT HEEL FORWARD, STEP IN PLACE, LEFT COASTER STEP Point right to right, step right in place Point left to left, step left in place Touch right heel forward, step right in place Step back on left, step right beside left, step forward on left

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