

## Pocketful Of Sunshine

48 Count, 4 Wall, Improver

Choreographer: Mathias Pflug (De) July 2011

Choreographed to: Pocketful Of Sunshine

by Natasha Bedingfield

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Intro: 16 counts

**1 Side, Back & Cross Heel & R + L**

- 1-2 Step right to right - step left back  
&3 Step right to right and left heel touch left diagonally forward  
&4 Left foot next to right and cross right foot over left  
5-6 Step left to left side - step back with right  
&7 Step left to left and right heel touch right diagonally forward  
&8 Step right next to left, cross left over right

**2 Forward Rock, Sailor Shuffle With 1 / 4 Turn Right, Rock Forward, Coaster Step**

- 1-2 Step forward on right, rock left foot - recover  
3&4 Cross right behind left - ¼ turn right and step left beside right, step right forward (3 clock)  
5-6 Step forward on left, rock right foot - recover  
7&8 Step left back - step right foot to left, step left forward

**3 Shuffle Forward, Rock Forward, Shuffle Back 1/2 Turn Left, Shuffle Forward 1/2 Turn Left**

- 1&2 Step right forward, step left beside right, step right forward  
3-4 Step forward on left, rock right foot - recover  
5&6 1/4 turn left stepping left to left - step right beside left, ¼ turn left stepping forward on left (9 o'clock)  
7&8 ¼ turn left stepping right to right - step left beside right, turn ¼ left and step right back (3 o'clock)

**4 Rock Back, Shuffle, Jazzbox With 1/4 Turn Right**

- 1-2 Step left back - rock RF - recover to right  
3&4 Step left forward - Step right next to left, step - step left forward  
5-6 Cross right over left - 1/4 turn right and step left back (6 o'clock)  
7-8 Step right to right side, step left beside right

**5 Chassé, Back Rock, Chassé, Back Rock With 1/4 Turn Right**

- 1&2 Step right to right - step left foot next to right, step right to right side  
3-4 Step back on left, rock right foot - recover  
5&6 Step left to left - step right beside left, step left to left side  
7-8 1/4 turn right and Step back on right, rock left foot - recover (9 o'clock)

**6 Shuffle, Step, Pivot ½ R + L**

- 1&2 Shuffle forward (r - l - r)  
3-4 Step forward left - 1/2 turn right (3 clock)  
5&6 Shuffle forward (l - r - l)  
7-8 Step forward right - 1/2 turn left on left foot, weight on left (9 clock)

**Tag** after the 4th round (12 clock)

**Sways Hip 2x R + L**

- 1-2 Step right to right side, hips swinging to the right - swing hips to the left  
3-4 Hips to the right swing - swinging her hips to the left