

Pocketful Of Sunshine

INTERMEDIATE

64 Count 4 Walls

Choreographed by: Marjorie Barnabas-Shaw

Choreographed to: Pocketful of
Sunshine by Natasha Bedingfield**SECTION A WALK FORWARD ON RIGHT, LEFT, ROCK SIDE RIGHT AND TOGETHER, FORWARD ROCK, RECOVER, STEP.**

- 1 - 2 Walk forward right. Walk forward left.
3 & 4 Rock right to right side. Recover onto left. Step right beside left foot.
5 & 6 & Rock forward left. Recover onto right. Step left next to right foot. Step right in place.
7 & 8 Rock forward left. Recover onto right. Step left next to right foot.

SECTION B PRESS ROCK, RECOVER, TOGETHER, POINT CHANGES, CROSS BACK RIGHT, UNWIND 1/2 TURN RIGHT, FORWARD SHUFFLE.

- 1 - 2 Press rock forward on right. Recover on left.
& 3 & 4 Step right foot next to left. Point left foot to left side. Step left foot next to right. Point right foot to right side.
5 - 6 Cross-step right foot behind left foot. Unwind right with a 1/2 turn right.
7 & 8 Step left foot forward. Close right next to left. Step left foot forward.

SECTION C RIGHT HEEL, RIGHT HOOK, FORWARD-STEP-LOCK-STEP, SWAY LEFT, SWAY RIGHT, STEP BACK LEFT, LOCK RIGHT, STEP BACK LEFT.

- 1 - 2 Touch right heel forward. Hook right foot across left foot.
3 & 4 Step forward on right foot. Lock left foot behind right. Step forward on right foot.
5 - 6 Step left foot to left side (sway hips to left). Rock onto right side on right foot (sway hips to right).
7 & 8 Cross left behind right. Lock right in front of left. Step back on left.

SECTION D FORWARD BRUSH, BACK BRUSH, ROCK SIDE AND TOGETHER, FORWARD, BACK BRUSH, 1/4 RIGHT COASTER TURN.

- 1 - 2 Brush right foot forward. Brush right foot back.
3 & 4 Rock right to right side. Recover onto left foot. Step right in place.
5 - 6 Brush left foot forward. Brush left foot back.
7 & 8 Turn 1/4 right by stepping back on left. Step right beside left. Step forward left.

SECTION E SIDE STEP RIGHT, SLIDE LEFT, CROSS ROCK BACK LEFT, RECOVER, STEP DIAGONAL FORWARD LEFT, CROSS BACK RIGHT, SIDE LEFT, CROSS RIGHT OVER LEFT, SIDE LEFT, CROSS RIGHT OVER LEFT.

- 1 - 2 Take big step right on right foot. Slide left foot behind right foot.
3 & 4 Cross rock left foot behind right foot. Recover onto right foot. Step left foot diagonally forward left.
5 - 6 Cross right foot behind left foot. Step left to left side.
7 & 8 Cross right foot over left. Step left to left side. Cross right over left.

SECTION F SIDE STEP LEFT, SLIDE RIGHT, CROSS ROCK BACK RIGHT, RECOVER, STEP DIAGONAL FORWARD LEFT, CROSS BACK LEFT, SIDE RIGHT, CROSS LEFT OVER RIGHT, SIDE RIGHT, CROSS LEFT OVER RIGHT.

- 1 - 2 Take big step left on left foot. Slide right foot behind left foot.
3 & 4 Cross rock right foot behind left foot. Recover onto left foot. Step right foot diagonally forward right.
5 - 6 Cross left foot behind right foot. Step right to right side.
7 & 8 Cross left foot over right. Step right to right side. Cross left over right.

SECTION G STEP FORWARD RIGHT, STEP FORWARD LEFT (click fingers), STEP BACK RIGHT, SIDE LEFT, DIAGONAL SHUFFLE FORWARD RIGHT

- 1 - 2 Step forward right (click fingers).
3 - 4 Step forward left (click fingers).
5 - 6 Step back on right. Step left next to right
7 & 8 Step right diagonally forward. Close left beside right. Step right diagonally forward.

SECTION H STEP FORWARD LEFT, STEP FORWARD RIGHT (click fingers), STEP BACK LEFT, SIDE RIGHT, DIAGONAL SHUFFLE FORWARD LEFT

- 1 - 2 Step forward left (click fingers).
3 - 4 Step forward right (click fingers).
5 - 6 Step back on left. Step right next to left.

7 & 8 Step left diagonally forward. Close right beside left. Step left diagonally forward.

***RE - START on 2nd sequence (dance only ABCD) then re-start**

***ONE TAG On the 4th sequence, at the end of Section D - walk RLRL (4 counts) before proceeding to Section E**

~ * ~ Dance Like You've Never Danced Before ~ * ~

(29630)

Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768 *charged at 10p per minute