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E-mail: admin@linedancermagazine.com

Please Follow Me

64 Count, 4 Wall, Intermediate

Choreographer: Reet (UK) Feb 2013

Choreographed to: Follow Me by Chris Norman;

Cool To Be A Fool by Joe Nichols

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- 1 SWAY R & L CHASSE 1/4R- CROSS, BACK , SHUFF 1/2 L**
1-2 3&4 Sway R & L. Chasse R with ¼ turn R
5-6 7&8 Cross L over R. Back on R. ½ Shuffle turn L (9pm)
- 2 R. FWD 1/2 L-FULL TURN L-2WALKS FWD. R.FWD , HITCH L**
1-2-3-4 R. fwd. ½ Pivot L. Full turn fwd over L.on R - L
5-6-7-8 Walk forward R & L. Step on R. Hitch L knee fwd. (3pm)
- 3 BACK L.-HOOK R.-R FWD.-L.TOUCH SIDE-SWITCH TO R SIDE TOUCH-¼ R WITH R HOOK-FWD ON R. TOUCH L.TO SIDE.**
1-2-3-4 Step back on L. Hook R. Fwd on R. Touch L. to side
&5-6-7-8 Touch R. to R. ¼ hook turn R.- R. fwd. touch L to L. (6pm)
- 4 L.BACK, ½ UNWIND L.- R.OVER-HOLD- 3/4 R (R.L.R.SHUFFLE)**
1-2-3-4 Take L behind-½ unwind L(weight L)-Cross R.over L.-Hold
5-6 7&8 ¾ turn R. on L.- R. L shuffle forward (9pm)
- 5 FORWARD. ON R. - HITCH L & L SAMBA STEP --REPEAT**
1-2 3&4 Step fwd on R. Hitch L.& cross over R into samba step
5-6 7&8 Step fwd on R. Hitch L.& cross over R into samba step
- 6 R. ROCK FWD- ¾ TRIPLE TURN R. -L. JAZZ & CROSS**
1-2 3&4 Rock fwd. R. rec.- ¾ triple turn over R.
5-6-7-8 L. jazz box & cross R. over L. (6pm)
- 7 CHASSE L.-ROCK BK R.-R FWD-TOUCH L.&R.HEEL & L. FWD.**
1&2 3-4 Chasse L. Rock back on R. rec.
5-6&7&8 R.fwd. Touch L.toe b/h.- Bk L.& R.heel fwd. & step L fwd.
- 8 CHASSE R. -¼ L.ROCK BK. -L KICK BALL. L FWD. TOUCH R.**
1&2 3-4 Chasse R. - ¼ turn L with rock back on L. rec.
5&6 7-8 L. kick ball step-Step forward on L. touch R. toe next to L. (3pm)
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