

Intro: 16 beats

- 1 - 8 Side shuffle, Back Rock (R & L)**
1 & 2 Step R to right(1), Step L beside R(&), Step R to right(2)
3 - 4 Rock L back(3), Recover weight onto R(4)
5 & 6 Step L to left(5), Step R beside L(&), Step L to left(6)
7 - 8 Rock R back(7), Recover weight onto L(8)
- 9 - 16 Half turning shuffle, Back Rock, 2 kick ball changes**
1 & 2 Shuffle forward R(1) L(&) R(2) turning a gradual 1/2 left
3 - 4 Rock L back(3), Recover weight onto R(4)
5 & 6 Kick L forward(5), Step L beside R(&), Step R beside L(6)
7 & 8 Repeat 5&6
- 17 - 24 Side Shuffle, Back Rock (L & R)**
1 & 2 Step L to left(1), Step R beside L(&), Step L to left(2)
3 - 4 Rock R back(3), Recover weight onto L(4)
5 & 6 Step R to right(5), Step L beside R(&), Step R to right(6)
7 - 8 Rock L back(7), Recover weight onto R(8)
- 25 - 32 Half turning shuffle, Back rock, 2 kick ball changes**
1 - 2 Shuffle forward L(1) R(&) L(2) turning a gradually 1/2 right
3 - 4 Rock R back(3), Recover weight onto L(4)
5 - 6 Kick R forward(5), Step R beside L(&), Step L beside R(6)
7 - 8 Repeat 5&6
- 33 - 40 Forward shuffle, Half pivot (2x)**
1 & 2 Step R forward(1), Step L beside R(&), Step R forward(2)
3 - 4 Step L forward(3), Turn 1/2 right shifting weight to R(4)
5 & 6 Step L forward(5), Step R beside L(&), Step L forward(6)
7 - 8 Step R forward(7), Turn 1/2 left shifting weight to L(8)
- 41 - 48 Jazz Box (toe struts)**
1 - 2 Touch R toe across L(1), Step down on R(2)
3 - 4 Touch L toe back(3), Step down on L(4)
5 - 6 Touch R toe to right(5), Step down on R(6)
7 - 8 Touch L toe beside R(7), Step down on L(8)
- 49 - 56 Out out, Hold, Hip bumps**
& 1 Step R to right(&), Step L to left(1) (keep weight on R)
2 - 4 Hold (2-4)
5 - 6 Bump hips to L(5), Hold (6)
7 - 8 Bump hips to R(7), Hold (8) (make sure weight ends on R)
- 57 - 64 Forward shuffles (L & R), 1/2 Pivot, Toe Strut**
1 & 2 Step L forward(1), Step R beside L(&), Step L forward(2)
3 & 4 Step R forward(3), Step L beside R(&), Step R forward(4)
5 - 6 Step L forward(5), Turn 1/2 right shifting weight to R(6)
7 - 8 Touch L toe beside R(7), Step down on L(8)

Start again!**Tag do this on after walls 2 and 4 (both times facing 12 o'clock)**

- 1 - 8 Side Together Side Touch (R & L) with hands**
1 - 2 Step R to right(1), Step L beside R(2)
3 - 4 Step R to right(3), Touch L beside R(4)
5 - 6 Step L to left(5), Step R beside L(6)
7 - 8 Step L to left(7), Touch R beside R(8)

As you do these 8 beats, roll your forearms forward one over the other

9 - 16

Rocking Chair, 2 Half Pivots

1 - 2 Rock R forward(1), Recover weight onto L(2)

3 - 4 Rock R back(3), Recover weight onto L(4)

5 - 6 Step R forward(5), Turn 1/2 left shifting weight onto L(6)

7 - 8 Step R forward(7), Turn 1/2 left shifting weight onto L(8)

17 - 24

Repeat 1-8

25 - 32

Out Out Hold, Hip roll, Shimmy

& 1 - 2 Step R to right(&), Step L to left(1) (weight on R), Hold(2)

3 - 6 Roll hip one circle anti-clockwise with weight ending on R

7 - 8 Shimmy, moving weight from R to L

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