

**Pismo Push**

BEGINNER

32 Count

Choreographed by: Lori Wong

Choreographed to: Just Like A

Rodeo by John Michael Montgomery

**LEFT CROSS, RIGHT SCUFF, RIGHT CROSS, LEFT SCUFF & 1/2 TURN TO RIGHT, LEFT FORWARD, RIGHT BACK, LEFT BACK-TOGETHER-FORWARD:**

- 1 - 4 Left cross step in front of right; right brush next to left; right cross step in front of left; left brush and begin crossing over right
- & 5 - 6 Pivot on ball of right foot 1/2 turn to the right (facing reverse start of dance); step left down in front of right; right step back
- 7 & 8 Coaster step: left step back; right step next to left; left step forward

**RIGHT POINT, STEP, LEFT POINT, STEP RIGHT POINT, 1/2 TURN RIGHT, LEFT POINT, LEFT TOGETHER (MONTEREY TURN):**

- 1 - 4 Right point toe to right side; right step forward; left point toe to left side; left step forward
- 5 - 6 Monterey turn: right point toe to right side; as right toe returns, pivot on left 1/2 turn to right & change weight to right foot
- 7 - 8 Left point to left side; left step next to right (weight is on left, facing start of dance)

**RIGHT SYNCOPATED GRAPEVINE:**

- 1 - 2 Right step right; left step behind right
- & 3 - 4 Right step right; left cross step over right; right step right

**LEFT GRAPEVINE WITH 1/4 TURN LEFT:**

- 5 - 6 Left step left; right step behind left
- 7 - 8 Left step 1/4 turn left; right touch next to left

**SHIMMY "PISMO-PUSH" FORWARD 45 DEGREES TO RIGHT:**

- 1 - 4 Right step forward 45 degrees to right; bump right hip forward; bump right hip forward; bump right hip forward (push-push-push)

**ROCK FORWARD LEFT, CENTER, LEFT BACK, CENTER:**

- 5 - 6 Left rock step forward; right step center
- 7 - 8 Left rock step back; right step center

**REPEAT**