

Pink & Black & Blue

64 Count, 4 Wall, Improver

Choreographer: Beate Keller (DE) Nov 2013

Choreographed to: Bruises by Chairlift, CD: Does You Inspire You (iTunes)

Intro: 64

- 1 WALK FORWARD, HOLD, WALK FORWARD, HOLD, STEP RIGHT SIDE, STEP TOGETHER, WALK BACK, HOLD**
1-4 Step right forward, hold, step left forward, hold
5-8 Step right side, step left together, step right back, hold
- 2 WALK BACK, HOLD, WALK BACK, HOLD, STEP LEFT SIDE, STEP TOGETHER, WALK FORWARD, HOLD**
1-4 Step left back, hold, step right back, hold
5-8 Step left side, step right together, step left forward, hold
- 3 STEP TURN ½ LEFT AND HOLD, RECOVER, HOLD, STEP RIGHT SIDE TURN ¼ LEFT AND STEP TOGETHER, STEP RIGHT SIDE, HOLD**
1-4 Step right forward, hold, turn ½ left (weight to left), hold
5-8 Turn ¼ left and step right side, step left together, step right side, hold (3:00)
- 4 ¾ TURN RIGHT, HOLD, RECOVER, HOLD, STEP LEFT SIDE TURN ¼ RIGHT AND STEP TOGETHER, STEP LEFT SIDE, HOLD**
1-4 Cross left over, hold, unwind ¾ right (weight to right), hold
5-8 Turn ¼ right and step left side, step right together, step left side, hold (3:00)
- 5 ROCK STEP, HOLD, RECOVER, HOLD, STEP BACK, STEP BESIDE, STEP FORWARD, HOLD**
1-4 Rock right forward, hold, recover to left, hold
5-8 Step right back, step left together, step right forward, hold
- 6 SIDE ROCK, HOLD, RECOVER, HOLD, FULL TURN RIGHT (CROSS RECOVER), STEP BESIDE, HOLD**
1-4 Rock left side, hold, recover to right, hold
5-8 Turn ¼ right and cross left over, unwind ¾ right (weight to right), step left together, hold (3:00)
- 7 STEP RIGHT SIDE, HOLD, STEP TOGETHER, HOLD, RUN FORWARD, RUN FORWARD, POINT SIDE RIGHT, HOLD**
1-4 Step right side, hold, step left together, hold
5-8 Step right slightly forward, step left slightly forward, touch right side, hold
- 8 STEP BEHIND, HOLD, POINT SIDE LEFT, HOLD, STEP LEFT SIDE TURN ½ LEFT AND STEP BESIDE, STEP FORWARD, HOLD**
1-4 Cross right behind, hold, point left side, hold
5-8 Turn ½ left and step left side, step right together, step left forward, hold (9:00)