

Pick Me Up

BEGINNER

32 Count 1 Walls

Choreographed by: Susan Byrne
Choreographed to: I'd Rather Ride
Around With You by Reba McEntire

FORWARD, FORWARD, FULL TURN, FORWARD, FORWARD, SCUFF, TOUCH, STOMP

- 1 - 2 Step forward left-right
3 & 4 Hook & step left foot behind right to begin a full turn, turning left, step right-left
5 - 6 Step forward right-left
7 & 8 Scuff right, touch right ball at 45 degrees, tap right heel down (weight on left)

HEEL, HEEL, SCOOT BACKWARDS, HEEL STOMPS, HEEL SPLITS

- 9 - 10 Tap right heel at 45 degrees right, tap right heel forward
11 & 12 Lift right knee, scoot backwards on left, step backwards right, step left beside right (weight ends on both feet)
13 - 14 With weight forward on balls of feet, lift both heels, stomp heels, lift both heels, stomp heels
& 15 - 16 With weight forward on balls of feet, lift both heels & turn them out, click heels together, stomp heels (weight ends on right)

BALL CHANGE, 1/2 PIVOT TURN, HOLD, BALL STEP, BALL STEP

- & 17 Step ball of left slightly backwards, step right slightly forward
18 - 20 Pivoting on balls of feet 1/2 turn to left, swiveling heels right, 1/2 turn right swiveling heels left, hold
& 21 - 22 Step left next to right, step forward right, hold
723 - 24 Step left next to right, step forward right, hold

1/2 PIVOT TURN, SCUFF/STEP, SCUFF/STEP, ROCK/STEP, TURN, TOUCH

- 25 - 26 Step forward on left, on balls of feet 1/2 pivot turn to right (weight ends forward on right)
27 - 28 Scuff left to left side, step left forward
29 - 30 Scuff right to right side, rock/step right forward
31 - 32 Step backwards on left, lift right leg turning 1/4 turn right, step down on right (weight ends on right)

REPEAT