

Pick Me Nigel

48 count, 4 wall, Beginner/Intermediate level
Choreographer : Craig Cooke (UK) March 2001
Choreographed to : Pure & Simple by HearSay (76 bpm)
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MAMBO ROCKS

- 1 & 2 Rock out to right side onto right foot, rock back onto left & step right besides left
3 & 4 Rock out to left side onto left foot, rock back onto right & touch left besides right
5 & 6 Rock forward on right, rock back onto left, step right besides left
7 & 8 Rock back onto left foot, rock forward onto right foot, step left besides right.

CHASSE 1/4 TURN, 1/2 TURN RIGHT JUMP & STOMP

- 9 & 10 Step right to right side, close left besides right.
11 & 12 Step right making 1/4 turn to right
13 - 14 Step left foot forward making 1/2 pivot turn to right side
15 & 16 Jump back onto right, jump forward onto left and touch right besides left (with no weight)

WEAVES LEFT & RIGHT

- 17 - 18 Step left to left side, cross right behind left, step left to left side
19 - 20 Cross right over left, point left to left side (hold for one beat)
21 - 22 Step right to right side, cross left behind right, step right to right side
23 - 24 Cross left over right, point right to right side (hold for two beats)

LEFT SAILOR STEP, 1/4 TURN TO RIGHT, 1/2 PIVOT TURN TO RIGHT SIDE, RIGHT LOCK STEP, LEFT MAMBO ROCK FORWARD

- 25 & 26 Cross left behind right, step right to right side, stepping 1/4 turn to your right side
27 - 28 Step left foot forward and pivot 1/2 turn to right side
29 - 30 Step forward on right foot, lock left behind right, step forward on right
31 & 32 Rock forward on left, back on right. step left besides right

MAMBO TO RIGHT SIDE, LEFT SHUFFLE FORWARD, 1/2 PIVOT TURN LEFT, RIGHT LOCK STEP

- 33 & 34 Rock out to right side on right foot, rock back onto left foot, touch right besides left
35 & 36 Step forward on left foot, close right beside left, step forward onto left foot
37 & 38 Step forward right and make a 1/2 pivot turn to the left
39 & 40 Step forward right, lock left behind right, step forward onto right foot

MAMBO TO LEFT SIDE, RIGHT SHUFFLE FORWARD, 1/2 PIVOT TURN TO LEFT, LEFT LOCK STEP

- 41 & 42 Rock to left side onto left foot, rock back onto right foot and touch left besides right
43 & 44 Step forward onto right foot, close right besides left, step forward left
45 & 46 Step left forward, pivot 1/2 turn to the right side
47 & 48 Step forward onto left foot, lock right behind left, step forward right

START DANCE AGAIN!!