

FORWARD BACK CHA-CHA / BACK FORWARD CHA-CHA

- 1,2 Rock left forward, rock right back
3 & 4 Cha, cha, cha (left-right-left) moving slightly backwards)
5,6 Rock right back, rock left forward
7 & 8 Cha, cha, cha (right-left-right) moving slightly forward)

TURN REPLACE ROCK, ROCK / RIGHT CROSS SHUFFLE ROCK, ROCK

- 1 Cross left behind right turning body 1/4 turn left
2 Turning body 1/4 turn right step/replace right on spot
3,4 Step/rock left to left side, step/rock right to right side
5 Step left across right
& 6 Lift and replace weight on right, step left to right (cross shuffle)
7,8 Step/rock right to right, step/rock left to left

LEFT CROSS SHUFFLE ROCK, ROCK

- 1 Step right across left
& 2 Lift and replace weight on left, step right to left (cross shuffle)
3,4 Step/rock left to left, step/rock right to right

STEP HOLD STEP HOLD SWIVEL, SWIVEL, SWIVEL, TURN

- 1,2 Step left forward with heel turned inwards, hold
3,4 Step right forward with heel turned inwards, hold
5 Step left forward with heel turned inward while swivelling right heel out
6 Step right forward with heel turned inward while swivelling left heel out
7 Step left forward with heel turned inward while swivelling right heel out
8 Step right forward making 1/4 turn right

FORWARD BACK 3/4 TURN CHA/FORWARD BACK 3/4 TURN CHA

- 1,2 Rock left forward, rock right back
3 & 4 Turning 3/4 turn left cha-cha-cha (left-right-left on the spot)
5,6 Rock right forward, rock left back
7 & 8 Turning 3/4 turn right cha-cha-cha (right-left-right on the spot)

FORWARD BACK CHA-CHA / BACK FORWARD CHA-CHA

- 1,2 Rock left forward, rock right back
3 & 4 Cha-cha-cha (left-right-left traveling slightly backwards)
5,6 Rock right back, rock left forward
7 & 8 Cha-cha-cha (right-left-right traveling slightly forward)

STEP TURN STEP TURN

- 1,2 Step left forward, pivot turn 1/2 turn right on right
3,4 Step left forward, pivot turn 1/2 turn right on right

REPEAT