

JUMP CROSS, TRIPLE STEP, JUMP CROSS, TRIPLE STEP

- 1-2 Starting with the (weight on left) right foot, jump forward at a 45 degree angle lifting left foot off the floor and crossing it behind right knee, step left back foot (weight now on left)
- 3&4 Step in place - right, left, right (weight ends up on right)
- 5-6 Jump left foot forward at a 45 degree angle lifting right foot and crossing behind left knee, step right back foot (weight now on right foot)
- 7&8 Step in place - left, right, left (weight ends up on left)

JUMP CROSS, TRIPLE STEP, STOMP, STOMP, DOUBLE BRUSH & CLAP

- 1-2 Right foot jump forward at a 45 degree angle lifting left foot and crossing behind right knee, step left back foot (weight ends up on left)
- 3&4 Step in place - right, left, right (weight ends up on right)
- 5-6 Stomp left foot slightly to left side, stomp right foot slightly to right side (weight on both feet)
- 7&8 Brush thighs with palms of hands (motion back to forward) then clap

TRIPLE, ROCK STEP, TRIPLE, ROCK STEP

- 1&2 Step with right foot to the right side, bring left next to right, step with right foot to right side (side, together, side)
- 3-4 Rock left back foot, rock right forward foot
- 5&6 Step with left foot to the left side, bring right next to the left, step with left foot to the left side (side, together, side)
- 7-8 Rock right back foot, rock left forward (weight now on left)

STEP PIVOT ½ TURN, STEP PIVOT ½ TURN, TRIPLE, TRIPLE FORWARD

- 1-2 Step right forward foot, pivot on balls of both feet ½ turn to the left
- 3-4 Step right forward foot, pivot on balls of both feet ½ turn to the left (end with weight on left foot)
- 5&6 Step right forward, bring left foot next to right, right step forward (step, together, step)
- 7&8 Step left forward foot, bring right foot next to left, left step forward (step, together, step – end with weight on left foot)

WALK BACKWARD, SWIVEL, SWIVEL

- 1-2 Walk backward, starting with right foot, step backward right then left
- 3-4 Walk backward right, left step beside right (weight evenly distributed)
- 5-6 Swivel heels to the right, swivel heels back to center (weight should be on balls of feet – heels slightly off floor)
- 7-8 Swivel heels to the right, swivel heels back to center

LEFT ROMPS, RIGHT ROMPS

- &1 Step left back foot at a slight angle left, touch right heel in front
- &2 Bring right foot back next to left and take weight on right, touch left toe next to right foot (at instep)
- &3 Step left back foot at a slight angle left, touch right heel in front
- &4 Bring right foot back next to left and take weight on right, touch left toe next to right foot (at instep)
- Quick momentary weight change to left before changing to right romps
- &5 Step right back foot at a slight angle to right, touch left heel in front
- &6 Bring left foot back next to the right and take weight on left foot, touch right toe next to left foot (at instep)
- &7 Step right back foot at a slight angle to right, touch left heel in front
- &8 Bring left foot back next to the right and take weight on left foot, touch right toe next to left foot (at instep)

MONTEREY TURNS

- 1-2 Touch right foot out to right side, pivot ½ turn to right on ball of left foot while bringing right foot back next to left (shift weight to right foot)
- 3-4 Touch left toe out to left side, bring left back next to right (shift weight to left foot)
- 5-6 Touch right foot out to right side, pivot ½ turn to the right on ball of left foot while bringing right foot back next to left (shift weight to right foot)
- 7-8 Touch left toe out to left side, bring left foot back next to right (shift weight to left foot)
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KICK, KICK, JUMP BACK, CLAP, SWIVELS

- 1-2 Kick right foot from the knee two times (kick about 6 inches from floor)
- &3-4 Jump right back then left foot, (with weight now evenly distributed) clap hands in front of you
- 5-6 Swivel heels to the right, swivel heels to the left (swivel on the balls of both feet with knees slightly bent - arms should be bent at waist and should move in opposite direction of heels twisting motion)
- 7-8 Swivel heels to the right, swivel heels to the center (weight ends on left foot)