

### **KNEE HITCHES, MOVING BACK, LEFT AND RIGHT, 2X**

- 1-2 Hitch L knee up, turn diagonally to left, step back on LF  
3-4 Hitch R knee up, turn diagonally to right, step back on RF  
5-8 Repeat steps 1-4

### **SUGAR FOOT LEFT AND RIGHT**

- 9-12 Touch L heel beside RF with toes up and turned out, touch L toes beside RF with heel turned out, touch L heel beside RF, toes up and turned out, step LF beside RF  
13-16 Touch R heel beside LF with toes up and turned out, touch R toes beside LF with heel turned out, touch R heel beside LF, toes up and turned out, touch R toe beside LF

### **TOE DROPS, RIGHT AND LEFT**

- 17-20 Step forward on R heel, toes up, drop R toes down,  
step forward on L heel, toes up, drop L toes down  
21-24 Repeat steps 17-20

### **WALK BACKWARDS WITH HITCH, RIGHT AND LEFT**

- 25-28 Step back on RF, step back on LF, step back on RF, hitch L knee  
29-32 Step back on LF, step back on RF, step back on LF, hitch R knee

### **SWIVEL TO RIGHT, TOUCH HEEL FORWARD, GRAPEVINE TO LEFT WITH ¼ TURN LEFT**

- 33-36 Quickly put RF beside LF and swivel both heels to the right, swivel both toes to the right, swivel both heels to the right, touch L heel forward  
37-40 Step LF to left, step RF behind LF, step LF to the left while turning a 1/4 turn left, stomp RF next to LF
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