



Party Up



Party Up continued



STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Part A: 32 Count Chorus & Instrumental. Right Touch, Left Touch X 2.		
1 - 2	Step right to right side. Touch left toe forward.	Right Touch	On the spot
3 - 4	Step left to left side. Touch right toe forward.	Left Touch	
Arms:	Count 2 put right arm straight up and left straight down. Count 4 put left arm straight up and right straight down.		
5 - 6	Step right to right side. Touch left toe forward.	Right Touch	
7 - 8	Step left to left side. Touch right toe forward.	Left Touch	
Arms:	Count 6 put right arm straight up and left straight down. Count 8 put left arm straight up and right straight down.		
Section 2	1/4 Turn Right with Upper Body Isolations, Walk Forward, Touch.		
1	Step right into 1/4 turn right pushing upper body forward.	Turn	Turning right
2	Push upper body back.	Push	On the spot
3 & 4 &	Push upper body forward, back, forward, back (weight ends on left).	Push & Push &	
5 - 6	Step forward right. Step left beside.	Walk 2	Forward
7 - 8	Step forward right. Touch left beside right.	3 Touch	
Section 3	Shoulder Pushes, Knee Pops.		
1 - 4	Step left to left side pushing shoulder left 4 times (weight ends left).	Left 2 3 4	On the spot
5 - 6	Turn right knee in towards left. Turn right knee out.	In Out	
7 &	Turn right knee in, out switching weight to right.	In &	
8	Touch left beside right.	Touch	
Section 4	Left Touch, Kick Ball Change, Side Strut, Cross Strut.		
1 - 2	Step left to left. Touch right beside left.	Left Side Touch	Left
3 & 4	Kick right foot forward. Step on right. Step left in place.	Kick Ball Change	On the spot
5 - 6	Touch right toe right. Drop heel taking weight.	Side Strut	Right
7 - 8	Touch left toe across right. Drop heel taking weight.	Cross Strut	

Section 1	Part B: 48 Count Verse. Right Chasse, Back Rock, Kick & Cross, Kick & Cross		
1 & 2	Step right to right. Close left beside right. Step right to right.	Side Close Side	Right
3 - 4	Rock back on left. Recover on right.	Back Recover	On the spot
5 & 6	Kick left diagonally left. Step on left. Cross step right over left.	Kick & Cross	
7 & 8	Kick left diagonally left. Step on left. Cross step right over left.	Kick & Cross	
Section 2	Step Touch Behind X 2.		
1 - 2	Step left to left. Touch right toe behind left.	Left. Touch Behind	On the spot
3 - 4	Step right to right. Touch left toe behind right.	Right. Touch Behind	
5 - 6	Step left to left. Touch right toe behind left.	Left. Touch Behind	
7 - 8	Touch right toe right. Touch right toe behind left.	Side. Touch	

Continued...

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 3	Side Strut, Cross Strut, Jazz Box 1/2 Turn Right.		
1 - 2	Touch right toe right. Drop heel taking weight.	Side Strut	Right
3 - 4	Touch left toe over right. Drop heel taking weight.	Cross Strut	
5 - 6	Cross step right over left. Step back left.	Cross Back	On the spot
7 - 8	Step right to right. Step left 1/2 turn right.	Side Turn	Turning right
Section 4	Forward Struts X 2, Circle Hips Over 4 Counts.		
1 - 2	Touch right toe forward. Drop heel taking weight.	Forward Strut	Forward
3 - 4	Touch left toe forward. Drop heel taking weight.	Forward Strut	
5 - 8	Circle hips counter-clockwise over 4 counts.	Circle 2 3 4	On the spot
Section 5	Right Hip Bumps, Back Rock, Left Hip Bumps, Back Rock.		
1 & 2	Step right to right bumping hips right, left, right.	Right Hip Bump	On the spot
3 - 4	Rock back on left. Recover on right.	Back Recover	
5 & 6	Step left to left bumping hips left, right, left.	Left Hip Bump	
7 - 8	Rock back on right. Recover on left.	Back Recover	
Section 6	Toe Touches, Syncopated Kick Cross, behind Step, Kick Cross Step		
1 - 2	Touch right toe forward. Step right in place.	Right Step	Forward
3 - 4	Touch left toe forward. Step left in place.	Left Step	
5 &	Kick right forward. Cross step right over left.	Kick &	On the spot
6 &	Touch left toe behind right. Step left in place.	Touch &	
7 & 8	Kick right forward. Cross step right over left. Step left beside right.	Kick Cross Step	

INTERMEDIATE

Dance Sequence: **A** (12.00 0'clock), **B** (3.00 0'clock), **A** (9.00 0'clock), **B** (12.00 0'clock), **A** (6.00 0'clock),
A (9.00 0'clock), **B** (12 0'clock), **A** (6.00 0'clock), **A** (9.00 0'clock), **A** (12.00 0'clock),

Big Finish: First 5 counts of part A (Facing 3 0'clock).... End with left hand on hip, right hand behind head and look to the front... all on count 5! Guy option....fold arms and look cool!

Phrased Line Dance:- 48 Counts with 32 count chorus. Intermediate Level.

Choreographed by:- Judy McDonald (Can) 2002.

Choreographed to:- "Get This Party Started" by Pink. (130 bpm) 16 Count Intro (Start on Lyrics) (Available on Single)

A, B, A, B, A,A, B, A,A,A,