

- SIDE, CROSS, SIDE ROCK CROSS, ¼ TURN, ¼ TURN, ¼ SAILOR STEP**  
1-2 Step right to side, cross left over right  
3&4 Rock right to side, recover to left, cross right over left  
5-6 Turn ¼ left and step forward on left, turn ¼ left and step right to right side (3:00)  
7&8 Turn ¼ left and step left slightly behind right, step right together, step left forward
- ¼ TURN ROCK & LOOK BACK, ¼ TURN SIDE ROCK CROSS, FUNKY SIDE STEPS WITH ¼ TURN, LEFT SHUFFLE**  
1-2 Turn ¼ right and step weight back onto right looking back over right shoulder (knees bent), turn ¼ left returning to original position  
3&4 Turn ¼ left and rock right out to right side, recover to left, cross right over left, 12:00  
5& Step left to side with knees slightly flexed, step right foot towards left no weight change  
6& Turn ¼ right and step right out to right side with knees slightly flexed, bring left towards right no weight change, 3:00  
7&8 Step left forward, step right next to left (or lock it slightly behind), step left forward
- ¼ TURN WITH HIP ROLL, HIPS PUSH BACK, BALL CROSS, BALL CROSS, UNWIND ½ TURN, WALK FORWARD**  
1-2 Turn ¼ left and step right out to right side rotating hips in big circle to the left, finish hip circle weight ends on right with left toe touched to diagonal (left leg bent and left heel lifted), 12:00  
3&4 Bump hips back straightening left leg (almost like a knee pop back), step in place on ball of left, cross right over left  
&5-6 Step left toe to side, cross right over left, unwind ½ turn left ending with weight left, 6:00  
7-8 Step right forward, step left forward
- ¼ TURN STEPPING BALL STEP, CROSS, BACK SIDE CROSS, ½ TURN TO DIAGONAL WITH LEAN BACK, HITCH & KNEE POPS**  
&1-2 Turn ¼ left and step right to right side, step left together, cross right over left, 3:00  
3&4 Step left back, step right to side, cross left over right (will help here if you angle body to 4:30)  
5 Turn ½ right keeping weight left back (bend left knee) leaning body slightly back, right heel on floor with right toe lifted (body is angled to 10:30) 10:30  
6 Transfer weight forward onto right straightening body  
&7&8 Hitch left knee, step left together, bend both knees and pop them out to sides, pop both knees back together (keeping knees bent)

Track is over 4 mins long. Possible fade at 3:30

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